

UPDATED SEXUAL AND REPRODUCTIVE HEALTH AND RIGHTS (SRHR) PLAN
NAME OF COUNTRY: ZIMBABWE
NAME OF COUNCIL: BINDURA RURAL DISTRICT COUNCIL

Strategic objective: The Council has adopted and implemented policies, programmes, services to enhance gender and youth sensitive, appropriate and affordable quality health care, including sexual and reproductive health and rights (SRHR).

NB. The Council's Gender Based Violence and HIV and AIDS plans were updated in line with the provisions of the Sustainable Development Goals (SDGs) and the Updated SADC Protocol on Gender and Development and are not included in the updated SRHR Plan. The SRHR plan will be implemented in concert with the GBV and HIV and AIDS plans to provide holistic SRHR care and services.

All baseline data in the plan must be disaggregated by gender and age.

BASELINE	SDG	POST 2015 SADC PROTOCOL TARGET	INDICATORS	TARGET GROUP	ACTIONS	OUTPUT	WHO	TIME FRAME	BUDGET IN USD	LOCATION IN COUNCIL STRATEGIC PLAN
Menstrual health										
Strategic objective: Put in place systems to ensure the provision of sustainable and cost-effective sanitary pads to girls and young women unable to access sanitary pads. Access to safe water and sanitation. The council raises awareness and provides training on the importance of good hygiene.										
Access to menstrual products										
How many girls and young women are receiving sanitary pads?			Increase in the number of girls and young women receiving sanitary pads.	Girls and young women	Identify need young girls and women. Collaborate with partners Campaigns awareness	School registers Health centre record Partners records and reports	RDC Partners Gvt ministries and depts	Quarterly	TBA	Admin and community service department
Water, sanitation and hygiene										
What proportion of the council's			Increase in the proportion of the council's	60% of population	Meetings Capacitating water committees	Reports	Comserve Technical Health	Dec 2019		Admin and community service department

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population have access to safe water?			population that have access to safe water.		Drilling of new boreholes		staff DDF World Vision			
What proportion of the council's population have access to sanitation?			Increase in the proportion of the council's population that have access to sanitation.	60% of BRDC population	Meetings Campaigns awareness Building of toilets	Reports	DDF World Vision RDC	Dec 2019		Admin and community service department
Number of council programmes that promote good hygiene.			Increase in the number of council programmes that promote good hygiene.	60% of BRDC population	Meetings Trainings Health clubs competitions	Reports Training programmes on hygiene	Conserve Health staff	DEC 2019		
SRHR services and education										
Strategic Objective: Integrate community-based orphans and vulnerable children and youth (OVC&Y) programmes with comprehensive sexuality education and other adolescent and youth reproductive health services. Implement interventions for parents, guardians and teachers to ensure their support and involvement in the provision of comprehensive sexuality education and other SRH and HIV services to children, adolescents and youth. Integrate and ensure provision of CSE, SRH and HIV services in activities and programmes targeting out-of-school adolescents and youth.										
Comprehensive SRHR information, education and communication										
Percentage of young people receiving comprehensive sexuality education			Increase in the percentage of young people receiving comprehensive sexuality education	Orphans Vulnerable children Youths Adolescents	Multisectoral meetings Forming clubs Creation of platforms for further engagement School debates and public speaking	Signed Attendance registers	Comserve Health staff Development partners Schools DAPP NAC	Jan 2019		Admin and community service department

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					platforms Road shows					
Number of interventions for parents, guardians and teachers to ensure their support and involvement in the provision of comprehensive sexuality education and other SRH and HIV services to children, adolescents and youth.			Increase in the number of interventions for parents, guardians and teachers to ensure their support and involvement in the provision of comprehensive sexuality education and other SRH and HIV services to children, adolescents and youth.	Parents Teachers Guardians Children Adolescents Youth	Stakeholder involvement Stakeholder coordination Lobbying for policy changes Parents buy in Campaigns awareness	Interviewing stakeholders Attendance registers Minutes Reports	Comserve Health staff Schools Churches Partners	Ongoing		Admin & Comserve
Extent to which CSE, SHR and HIV services are integrated into programmes			Increase in the extent to which CSE, SHR and HIV services are integrated into programmes for out of school	Out of school adolescents and youth	Monitoring and evaluation of existing programmes for the target group Meetings and dialogues	Interviewing stakeholders Attendance registers Minutes Reports	Comserve Health staff Schools	Ongoing		Admin and community service department

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for out of school youth.			youth.				Churches Partners			
Teenage pregnancy and child marriages										
Strategic objective: Implement community mobilisation and advocacy strategies against child marriages and teenage pregnancies. Develop community systems for the provision of economic and social support for teenage mothers.										
Advocacy strategies to prevent child marriages and teenage pregnancy.			Successful outcomes from the advocacy strategies to prevent child marriages and teenage pregnancy.	Community	Campaigns awareness Community meetings	VFU reports Clinic records	Comserve Health staff Traditional leadership ZRP VFU Churches	Dec 2019		Admin and community service department
Systems in place for the provision of economic and social support for teenage mothers.			Increase in the number of systems in place for the provision of economic and social support for teenage mothers.	Teenage mothers	Liaise with development partners Meetings Field visits to assess level of projects / services rendered	Interviewing stakeholders Attendance registers Minutes Reports	Comserve Health staff	Dec 2019		Admin and community service department
SRHR										
Strategic objective: Community knows about and uses SRHR services. Establish and provide SRH and HIV integrated community-based youth- and adolescent-friendly services. Provide STI information, screening and treatment services. Provide information and counselling services on drug and substance abuse.										
How many people receive SRHR services			Increase in the population accessing integrated SRH	All age groups	- Identify and link with partners providing	- Attendance registers - Minutes / Reports	Comserve World vision	On going		Admin and community service department

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through the council?			services		services - Meetings with stakeholders	- Partners reports, photos and videos	Salveira House Partners - Health centres			
Number of clinics, mobile clinics or other facilities providing comprehensive SRHR in the district council.			Increase in the number of clinics, mobile clinics and other facilities offering SRHR and an increase in the scope of SRHR services provided.	All age groups	- Health Education - Out reach - Health clubs debates and promotions	- Attendance registers - Clinic registers on HIV - Outreach program - NAC reports	Comserve Health staff DAPP NAC ZAPSO ZNNP+	On going		- Health centres - Schools - Admin & Comserve
How many people access treatment for STIs?			Increase in the number of people receiving STIs.	All age groups	Health Education Out reach Health clubs	Outpatient registers Reports from partners Monthly Statistical records from Health	- Comserve - Health staff - NAC - DAPP	Jan 2019		Health centres DAPP NAC
How many people receive information and			Increase in the number of people offering drug and substance	Adolescents Youths	- Counselling sessions - Drug abuse awareness	Cases reported register Follow up with individuals Counselling	Primary Counsellors Health ZRP	Ongoing		Health centres ZRP Social welfare

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counselling on drug and substance abuse?			abuse.			registers	Social welfare			
Maternal health										
Maternal mortality										
Strategic objective: The council has taken measures to reduce maternal mortality. Provision of contraceptives and age-appropriate family planning information, counselling and contraceptive services or referrals to adolescent-friendly service providers. Provide quality antenatal and obstetric care for including pregnant adolescents and young girls. Provide targeted post-natal care services for eligible adolescents and youth. Provide information and education on cervical and breast cancer. Provide information and services for safe legal abortion and post-abortion care.										
What is the Maternal mortality ratio?			Decrease in Maternal mortality ratio.	Pregnant mothers	Health Education on early bookings and maternal health issues. Uses of mother waiting shelter	Maternal records Birth records Referral Statistics records	Comserve Health staff Partners	Jan 2019		Admin and community service department
Family planning and contraception										
What is the contraceptive prevalence rate?			Increase in the contraceptive prevalence rate	Young women, mothers	- Education on family planning methods - Offer Free contraceptives - Health education	Issue register on contraceptives	Health staff ZNFC	Jan 2019		Admin and community service department
What is the met demand for family planning?			Increase in the met demand for family planning	Young women, mothers	- Education on family planning methods - Offer Free contraceptives	Interviewing stakeholders Attendance registers Minutes Reports	Health staff VFU ZNFC	Dec 2019		Admin and community service department

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					- Health education					
Antenatal care										
What is the percentage of births attended by skilled health personnel?			Increase in the percentage of births attended by skilled health personnel.	Pregnant adolescents young girls and mothers	- Monitoring of ANC visits - Educate on dangers of home deliveries - Capacitate VHWS	Birth records ANC records	Comserve Health staff VHWS	Jan 2019		Admin and community service department
Postnatal care										
How many women and girls receive postnatal care?			Increase in the number of women and girls who receive postnatal care.	Adolescents, youths and mothers	- Follows ups on post-natal mothers - Reviews	Guidelines on Postnatal care ANC records	Comserve Health staff VHWS	Jan 2019		Admin and community service department
Cervical and breast cancer										
How many women and girls receive the HPPV vaccine?			Increase in the number of women and girls who receive the HPV vaccine.	Girls and women	Outreach programmes Awareness campaigns	VIAC screening records	Comserve Health staff Civic organisations	Dec 2019		Admin and community service department
How many women and girls receive information on cervical			Increase in the number of women and girls who receive	Girls and women	Outreach programmes Awareness campaigns	IEC material /pamphlets	Comserve Health staff Civic organisati	Dec 2019		Admin and community service department

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and breast cancer?			information on cervical and breast cancer.		Social media		ons			
Safe abortion services										
Number of people receiving information and services for safe legal abortion and post-abortion care.			Increase in numbers of people receiving information and services for safe legal abortion and post-abortion care.	Adolescent , youth and young mothers	Campaigns awareness Meetings Stakeholders involvement	Minutes Reports Attendances register	Comserve Health staff Civic organisation	Dec 2019		Admin and community service department
Key populations										
Number of SRHR programmes that specifically target LGBTIQ communities.			Increase in the number of SRHR programmes for LGBTIQ communities and people accessing these programmes.	None	None	Treated as male or female when seeking help	Health staff	NA		Admin and community service department
Number of SRHR programmes that specifically target sex workers.			Increase in the number of SRHR programmes for sex workers and people accessing these programmes.	Reports/Minutes	Meetings Awareness campaigns	Commercial sex workers	Comserve Health staff Partners Peers	Ongoing		Admin and community service department