

**UPDATED SEXUAL AND REPRODUCTIVE HEALTH AND RIGHTS (SRHR) PLAN**  
**NAME OF COUNTRY: ZIMBABWE**  
**NAME OF COUNCIL: KADOMA CITY COUNCIL**

**Strategic objective:** The Council has adopted and implemented policies, programmes, services to enhance gender and youth sensitive, appropriate and affordable quality health care, including sexual and reproductive health and rights (SRHR).

NB. The Council's Gender Based Violence and HIV and AIDS plans were updated in line with the provisions of the Sustainable Development Goals (SDGs) and the Updated SADC Protocol on Gender and Development and are not included in the updated SRHR Plan. The SRHR plan will be implemented in concert with the GBV and HIV and AIDS plans to provide holistic SRHR care and services.

*All baseline data in the plan must be disaggregated by gender and age.*

BASELINE	SD G	POST 2015 SADC PROTOCOL TARGET	INDICATORS	TARGET GROUP	ACTIONS	OUTPUT	WHO	TIME FRAME	BUDGET US\$	LOCATION IN STRATEGIC PLAN OR IDP
<b>Menstrual health</b>										
<b>Strategic objective:</b> Put in place systems to ensure the provision of sustainable and cost-effective sanitary pads to girls and young women unable to access sanitary pads. Access to safe water and sanitation. The council raises awareness and provides training on the importance of good hygiene.										
<b>Access to menstrual products</b>										
			20% of girls and young women receiving sanitary pads by 31 December 2019	-Adolescents -young women up to 24 years -PLWD -junior council	-stakeholder meetings -provide feedback to full council and departments -awareness campaigns in schools, clinics, community, youth centres -lobby local partners in provision of pad	-Registers of recipients -school health registers	DHES, DFS DCA DHCS KY4D	31 March 19	3500	HEALTH AND ENVIRONMENTAL SERVICES Rimuka Ngezi Waverley Chemukute

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					-development and distribution of IEC material, banners, promotion materials -training local youths in manufacturing reusable pads -collaboration with existing partners (psz) -DONATE A PAD Campaign in major shops -Distribution -junior council					
<b><i>Water, sanitation and hygiene</i></b>										
What proportion of the council's population have access to safe water?			Increase in the proportion of the council's population that have access to safe water.	-whole Kadoma community (17 wards)	-water quality monitoring at source and point -reduction of non-revenue water -sanitary survey -door to door campaigns	-Water quality test done -number of reports -complaints register	DOW DHES DFS, JUNIOR COUNCIL	31 December 19	40 000	Health and Environmental services Department of Works
What proportion of the council's			Increase in the proportion of the	-whole Kadoma	-sewer unblocking and upgrading	-blockage report registers	DOW DHES DFS,	31 December 19	20 000	Health and Environmental services

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population have access to sanitation?			council's population that have access to sanitation.	community (17 wards)	-treatment of waste water -collection of solid waste -provision of skip bins in public areas -strengthening school health clubs	-sanitation reports	JUNIOR COUNCIL			Department of Works
Number of council programmes that promote good hygiene.			Increase in the number of council programmes that promote good hygiene.	-whole Kadoma community (17 wards)	-Health promotion programs -formation of WASH clubs	-WASH reports -attendance registers	DHES, JUNIOR COUNCIL	31 December 19	200	
<b>SRHR education and services</b>										
<b>Strategic objective:</b> Integrate community-based orphans and vulnerable children and youth (OVC&Y) programmes with comprehensive sexuality education and other adolescent and youth reproductive health services. Implement interventions for parents, guardians and teachers to ensure their support and involvement in the provision of comprehensive sexuality education and other SRH and HIV services to children, adolescents and youth. Integrate and ensure provision of CSE, SRH and HIV services in activities and programmes targeting out-of-school adolescents and youth.										
<b>Comprehensive SRHR information, education and communication</b>										
Percentage of young people receiving comprehensive sexuality education.			Increase in the percentage of young people receiving comprehensive sexuality education	-orphans and vulnerable children -youths -people living with disabilities	-refresher training with child care workers (CCWs) -distribution of IEC materials	-events register	DHCS DHES Junior council	31 December 19	200	

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Number of interventions for parents, guardians and teachers to ensure their support and involvement in the provision of comprehensive sexuality education and other SRH and HIV services to children, adolescents and youth.			Increase in the number of interventions for parents, guardians and teachers to ensure their support and involvement in the provision of comprehensive sexuality education and other SRH and HIV services to children, adolescents and youth.	-parents -teachers -youths -religious organisations	-awareness campaigns -domiciliary visits -formation and registration of CBOs -parents integration into school health programmes -refresher training for CLF (Community linkages facilitators) -integrate parents into youth programmes	-events attendance register -number of CBOs formed -number of school visits done -HTS register	Matron, Min of Education, DHCS Junior council	31 December 19	200	
Extent to which CSE, SRH and HIV services are integrated into programmes for out of school youth.			Increase in the extent to which CSE, SRH and HIV services are integrated into programmes for out of school youth.	-Out of school adolescents -youths - people living with disabilities	-Provision of CSE, SRHR, HIV frameworks in all facilities -Awareness campaigns -youth education through sports(YES)	-Health facility registers	Matron Community services officer	31 December 19	500	
<b><i>Teenage pregnancies and child marriages</i></b>										

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<b>Strategic objective:</b> Implement community mobilisation and advocacy strategies against child marriages and teenage pregnancies. Develop community systems for the provision of economic and social support for teenage mothers.										
Advocacy strategies to prevent child marriages and teenage pregnancy.			Successful outcomes from the advocacy strategies to prevent child marriages and teenage pregnancy.	-adolescents -PLWD	-community sensitization meetings -collaboration with partners -strengthen SRHR issues in Junior council	-attendance registers -out patients department register	DCA DHCS DHES Junior council	31 December 19	200	
Systems in place for the provision of economic and social support for teenage mothers.			Increase in the number of systems in place for the provision of economic and social support for teenage mothers.	-Teenage mothers -community leadership -religious leaders	-Awareness campaigns -formation of support groups -entrepreneurship training to mothers -provision of economic incubation facilities	-events register -register for support groups	DHCS DHES DOW Junior council	31 December 19	700	
<b>SRHR</b>										
<b>Strategic objective:</b> Community knows about and uses SRHR services. Establish and provide SRH and HIV integrated community-based youth- and adolescent-friendly services. Provide STI information, screening and treatment services. Provide information and counselling services on drug and substance abuse.										
How many people receive SRHR services through the council?			Increase in the population accessing integrated SRH services	-youths -people living with disabilities -community and	-refresher trainings for health workers, school health masters -awareness meetings with	-health facilities registers -events registers	DHES DFS DCA DHCS Junior councils	31 DECEMBER 19	800	HEALTH AND ENVIRONMENTAL SERVICES, HOUSING AND COMMUNITY SERVICES

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				religious leadership -health workers including health clerks -school health masters -community health workers -community development workers - government departments	community leaders and relevant government departments -establish youth friendly facilities -IEC material -collaborate with existing partners -strengthen relationship with government departments					
5 CLINICS providing comprehensive SRHR			All 6 facilities offering SRHR services	-Youths -adolescents -people living with disabilities	-training Waverly staff on SRHR -recruit more CATS -Lobby for support from local partners	-facility registers -Monthly facility reports -established youth friendly facilities -existence of active CATS(communit y adolescent treatment supporter)	DHES	31 March 19	100	Rimuka maternity home (FCH), Rimuka clinic HEALTH DPT Rimuka OIC Chemukute clinic Ngezi Clinic

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How many people access treatment for STIs?			An increase in the number of people receiving STI treatment.	-adolescents -sex workers -community members	-awareness campaigns -counselling and treatment of STI's -distribution of condoms	-STI facility registers -Facilities monthly reports -stock cards for condoms	SIC Junior council	31 December 19	5000	HEALTH DPT Rimuka OI Ngezi clinic Chemukute Waverley
0			An increase in the number of people offered drug and substance abuse.	-adolescents	-Distribution of IEC material -refresher training of peer counsellor	-Facility register	SIC Junior council	31 December 19		HEALTH AND ENVIRONMENTAL SERVICES
<b>Maternal health</b>										
<b>Maternal mortality</b>										
<b>Strategic objective:</b> The council has taken measures to reduce maternal mortality. Provision of contraceptives and age-appropriate family planning information, counselling and contraceptive services or referrals to adolescent-friendly service providers. Provide quality antenatal and obstetric care for including pregnant adolescents and young girls. Provide targeted post-natal care services for eligible adolescents and youth. Provide information and education on cervical and breast cancer. Provide information and services for safe legal abortion and post-abortion care.										
What is the Maternal mortality ratio?			Decrease in Maternal mortality ratio.	-Women of child bearing age	-awareness campaigns on 1.institutional deliveries 2.use of contraceptives -training of staff on basic maternal care -provision of standard antenatal care	-delivery register -monthly reports -post natal care register -maternal death notification forms	Matron Facility midwives Chief fire officer	31 December 19	40 000	PERSONAL HEALTH DEPARTMENT

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					-ensuring availability of essential medicines -support and supervision of staff -provision of effective referral system(ambulance services) -provision of resuscitative equipment					
<b><i>Family planning and contraception</i></b>										
What is the contraceptive prevalence rate? 62%			20% increase in the contraceptive prevalence rate	-Women of child bearing age -adolescents -PLWD	-community sensitization on contraceptive use -free services -ensuring constant availability of FP methods -train nurses in long term methods (jabelle,implanon)	-family planning registers -reduction of unwanted and teenage pregnancies(ANC) antenatal care register	Matron	31 December 19	2000	
What is the unmet demand for			decrease in the unmet demand for	-Adolescents	-Awareness campaigns -IEC materials	-contraceptives stock card (consumption)	Matron	31 December 19	200	



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family planning?			family planning		-collaboration with PSZ and ZNFPC					
<b>Antenatal care</b>										
What is the percentage of births attended by skilled health personnel? 52%			Increase in the percentage of births attended by skilled health personnel to 65% by 31 December 2019	-adolescents -young girls -PLWD	-Awareness campaigns in the community -provision of preventive medicines eg Anti-malarial -provision of quality HTS -safe deliveries -emergence obstetric care -effective referral system	-ANC register -delivery register -monthly reports	Matron	31 December 19	5000	
<b>Postnatal care</b>										
How many women and girls receive postnatal care?			Increase in the number of women and girls who receive postnatal care.	-adolescents -youths -PLWD	-provision of family planning services -provision of care at day 0, day 3, day 7 and 6weeks - health education 1.breastfeeding 2.personal hygiene 3.cervical cancer screening	-Postnatal care register -post abortion care register	midwives	31 December 19	1000	
<b>Cervical and breast cancer</b>										

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How many women and girls receive the HPV vaccine?			Increase in the number of women and girls who receive the HPV vaccine.	-adolescents -PLWD	-awareness campaigns -immunisation	-immunisation registers School health registers	Matron Health care workers	31 December 19	2000	
How many women and girls receive information on cervical and breast cancer?			Increase in the number of women and girls who receive information on cervical and breast cancer.	-Women of child bearing age	-IEC materials -awareness campaigns	-facility registers	Matron Junior council	31 December 19	600	
<b>Safe abortion services</b>										
Number of people receiving information and services for safe legal abortion and post-abortion care.			Increase in numbers of people receiving information and services for safe legal abortion and post-abortion care.	-Women of child bearing age -PLWD	-awareness campaigns on post abortion care -lobby for youth friendly services -lobby to expedite processes for victims of rape.	-inpatient register	DHES DCA Junior council	31 December 19		Central Administration Health department
<b>Key populations</b>										
<b>Strategic objective:</b> Council has programmes to address the SRHR needs of lesbian, gay, bisexual, transsexual, intersex and queer (LGBTIQ) communities. Council has programmes to address the SRHR needs of sex workers.										
Number of SRHR programmes			Increase in the number of SRHR	Sex workers	-awareness campaigns	-outpatients register -STI register	DHES, DHCS,	31 December 19	1200	Health and environment services

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that specifically target sex workers.			programmes for sex workers and people accessing these programmes.		-training of health care workers and peer educators -establishment of youth friendly facilities -training and entrepreneurship programmes -provision of counselling and treatment services	-attendance register	JUNIOR COUNCIL			