

**UPDATED SEXUAL AND REPRODUCTIVE HEALTH AND RIGHTS (SRHR) PLAN  
ZAMBIA  
KABWE MUNICIPAL COUNCIL:**

**Strategic objective:** To adopt and implement policies, programmes, services to enhance gender and youth sensitive, appropriate and affordable quality health care, including sexual and reproductive health and rights (SRHR).

NB. The Council's Gender Based Violence and HIV and AIDS plans were updated in line with the provisions of the Sustainable Development Goals (SDGs) and the Updated SADC Protocol on Gender and Development and are not included in the updated SRHR Plan. The SRHR plan will be implemented in concert with the GBV and HIV and AIDS plans to provide holistic SRHR care and services.

***All baseline data in the plan must be disaggregated by gender and age.***

<b>BASELINE</b>	<b>TARGET</b>	<b>INDICATORS</b>	<b>ACTIONS</b>	<b>OUTPUT</b>	<b>WHO</b>	<b>TIME FRAME</b>	<b>BUDGET</b>	<b>LOCATION IN STRATEGIC PLAN OR IDP</b>
<b>Menstrual health</b>								
<b>Strategic objective:</b> Put in place systems to ensure the provision of sustainable and cost-effective sanitary pads to girls and young women unable to access sanitary pads. Access to safe water and sanitation. The council raises awareness and provides training on the importance of good hygiene.								
<b><i>Access to menstrual products</i></b>								
They are no provision sanitary pads being done by KMC	<b>Girls in local schools between 13 to 22</b>	<b>Number of girls and young women receiving sanitary pads.</b>	<b>Provision sanitary in schools</b>	<b>1000 girls</b>	<b>KMC/PLAN INTERNATION</b>	<b>ANNUALLY</b>	<b>60.000 TO BE INCLUDED IN THE COUNCIL BUDGET</b>	<b>TO BE IN THE STRATEGIC PLAN</b>
<b><i>Water, sanitation and hygiene</i></b>								
50 Bores have been installed and 79% of the population have access to clean and safe	<b>Rural community house holds</b>	<b>Provide safe and adequate drinking water that is accessible</b>	<b>Install bores and VIP latrines</b>	<b>100 bores</b>	<b>KMC /MINISTRY OF LOCAL GOVERNMENT</b>	<b>ANNUALLY</b>		

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water								
Number of council programmes that promote good hygiene. The sanitation and hygiene programmes being implemented, PHAST ,CLTS ,CHAST	<b>25 communities in rural and peri urban</b>	Increase in knowledge on sanitation and hygiene	<b>Provision of education on sanitation and hygiene</b>	<b>25 communities be knowledgeable on sanitation and hygiene</b>	<b>KMC</b>	<b>2 years</b>		
<b>SRHR education and services</b>								
<b>Strategic objective:</b> To integrate community-based orphans and vulnerable children and youth (OVC&Y) programmes with comprehensive sexuality education and other adolescent and youth reproductive health services. Implement interventions for parents, guardians and teachers to ensure their support and involvement in the provision of comprehensive sexuality education and other SRH and HIV services to children, adolescents and youth. Integrate and ensure provision of CSE, SRH and HIV services in activities and programmes targeting out-of-school adolescents and youth.								
<b>Comprehensive SRHR information, education and communication</b>								
percentage of young people receiving comprehensive sexual education 50%	<b>All adolencen in and out of school</b>	<b>Increase in the percentage of young people receiving comprehensive sexuality education</b>	<b>Sensitization meetings to in and out of school young in 27 wards</b>	<b>Increased knowledge on comprehensive sexual education</b>	<b>KMC/ZCHPP/restless development</b>	<b>annually</b>		
<b>3043 parents, guardians area trained and involved in the provision of comprehensive</b>	<b>Reach 5000 parents and guardians in 5 communities</b>	<b>Increase parent child communication in comprehensive sexuality</b>	<b>Provison of training using the family matters programme</b>	<b>Parents living in the 5 communities gain more knowledge on CSE</b>	<b>KMC/CRS</b>	<b>Annually</b>		

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<b>sexuality education children, adolescents</b>		<b>education</b>						
Extent to which CSE, SHR and HIV services are integrated into programmes for out of school youth.		Increase in the extent to which CSE, SHR and HIV services are integrated into programmes for out of school youth.						
<b>Teenage pregnancies and child marriages</b>								
<b>Strategic objective:</b> To implement community mobilisation and advocacy strategies against child marriages and teenage pregnancies. Develop community systems for the provision of economic and social support for teenage mothers.								
Advocacy strategies to prevent child marriages and teenage pregnancy. <b>No existing strategy in place</b>		Successful outcomes from the advocacy strategies to prevent child marriages and teenage pregnancy.						
Systems in place for the provision of economic and social support for teenage mothers.		Increase in the number of systems in place for the provision of economic and social support for teenage mothers.	<b>Provision of baby milk to mothers</b>		<b>Community development and social welfare</b>			
<b>SRHR</b>								

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<b>Strategic objective:</b> To ensure that the community knows about and uses SRHR services. Establish and provide SRH and HIV integrated community-based youth- and adolescent-friendly services. Provide STI information, screening and treatment services. Provide information and counselling services on drug and substance abuse.								
How many people receive SRHR services through the council? <b>Currently we are offering SRHR services Through condom programming ,sensitization programs on HIV/AIDS ,STI.</b>	<b>The council employee, other government department, markeeters, taxi and bus drivers</b>	<b>Increase in the population accessing integrated SRH services</b>	<b>sensitization meetings and provision of IEC Materials and condom distribution</b>	<b>Increased knowledge on comprehensive sexual education</b>	<b>KMC</b>	<b>Annually</b>	<b>40,000</b>	
<b>Kabwe District has a total number of thirty six (36) health facilities that are offering comprehensive SRHR in the district</b>	<b>The local community</b>	<b>Increase in the scope of SRHR services provided.</b>	<b>Provide training packages to clinic and health facilities on SRHR</b>	<b>Increased knowledge on comprehensive sexual education</b>	<b>KMC/MOH</b>	<b>Annually</b>		
How many people access treatment for STIs?	<b>Youth and adults</b>	<b>Increase in the number of people receiving STIs.</b>		<b>Reduced number of STI patients through sensitization and treatment</b>	<b>KMC/MOH</b>	<b>annually</b>		
How many people receive information and counselling on drug and substance	<b>General population and vulnerable</b>	<b>Increased knowledge on drug and substance</b>	<b>Provide Sensitisation Counselling And on drugs</b>	<b>REDUCE SUBSTANCE ABUSE AND TRAFFICKING</b>	<b>KMC/DEC</b>			

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abuse?	<b>groups</b>	<b>abuse</b>	<b>and substance abuse on Rehabilitation</b>	<b>CASES</b>				
<b>Maternal health</b>								
<b>Maternal mortality</b>								
<b>Strategic objective:</b> To take measures to reduce maternal mortality. Provision of contraceptives and age-appropriate family planning information, counselling and contraceptive services or referrals to adolescent-friendly service providers. Provide quality antenatal and obstetric care for including pregnant adolescents and young girls. Provide targeted post-natal care services for eligible adolescents and youth. Provide information and education on cervical and breast cancer. Provide information and services for safe legal abortion and post-abortion care.								
What is the Maternal mortality ratio?		Decrease in Maternal mortality ratio.						
<b>Family planning and contraception</b>								
What is the contraceptive prevalence rate?		Increase in the contraceptive prevalence rate						
What is the met demand for family planning?		Increase in the met demand for family planning						
<b>Antenatal care</b>								
What is the percentage of births attended by skilled health personnel?		Increase in the percentage of births attended by skilled health personnel.						
<b>Postnatal care</b>								
How many women and girls receive postnatal care?		Increase in the number of women and girls						

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		who receive postnatal care.						
<b><i>Cervical and breast cancer</i></b>								
How many women and girls receive the HPPV vaccine?		Increase in the number of women and girls who receive the HPV vaccine.						
How many women and girls receive information on cervical and breast cancer?		Increase in the number of women and girls who receive information on cervical and breast cancer.						
<b><i>Safe abortion services</i></b>								
Number of people receiving information and services for safe legal abortion and post-abortion care.		Increase in numbers of people receiving information and services for safe legal abortion and post-abortion care.						
<b>Key populations</b>								
<b>Strategic objective:</b> To ensure that the council has programmes to address the SRHR needs of lesbian, gay, bisexual, transsexual, intersex and queer (LGBTIQ) communities. Council has programmes to address the SRHR needs of sex workers.								
Number of SRHR programmes that specifically target LGBTIQ		Increase in the number of SRHR programmes for LGBTIQ						

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communities.		communities and people accessing these programmes.						
Number of SRHR programmes that specifically target sex workers.		Increase in the number of SRHR programmes for sex workers and people accessing these programmes.						