

UPDATED SEXUAL AND REPRODUCTIVE HEALTH AND RIGHTS (SRHR) PLAN

NAME OF COUNTRY: ZAMBIA
NAME OF COUNCIL: LUSAKA CITY COUNCIL

Strategic objective: To adopt and implement policies, programmes, services to enhance gender and youth sensitive, appropriate and affordable quality health care, including sexual and reproductive health and rights (SRHR).

NB. The Council's Gender Based Violence and HIV and AIDS plans were updated in line with the provisions of the Sustainable Development Goals (SDGs) and the Updated SADC Protocol on Gender and Development and are not included in the updated SRHR Plan. The SRHR plan will be implemented in concert with the GBV and HIV and AIDS plans to provide holistic SRHR care and services.

All baseline data in the plan must be disaggregated by gender and age.

BASELINE	TARGET	INDICATORS	ACTIONS	OUTPUT	WHO	TIME FRAME	BUDGET	LOCATION IN STRATEGIC PLAN OR IDP
Menstrual health								
Strategic objective: Put in place systems to ensure the provision of sustainable and cost-effective sanitary pads to girls and young women unable to access sanitary pads. Access to safe water and sanitation. The council raises awareness and provides training on the importance of good hygiene.								
Access to menstrual products								
Currently there is no access to menstrual products provided by the local authority	5000	Increase in the number of girls and young women receiving sanitary pads.	Distribution of sanitary pads through community schools and skills training centres	5000 pads distributed	GFP/SRHR Committee	By second quarter 2019	TBA	
Water, sanitation and hygiene								
Currently there are six programmes that promote good hygiene		Increase in the number of council programmes that promote good hygiene.	Lobby for more resources and engage more stakeholders	Good hygiene practices promoted in communities	Public Health, HSS, GFP/SRHR Committee	1 Year	TBA	Under Public Health Department
SRHR education and services								
Strategic objective: To integrate community-based orphans and vulnerable children and youth (OVC&Y) programmes with comprehensive sexuality education and other adolescent and youth reproductive health services. Implement interventions for parents, guardians and teachers to ensure their support and involvement in the provision of comprehensive sexuality education and other SRH services to children, adolescents and youth. Integrate and ensure provision of CSE and SRH services in								

BASELINE	TARGET	INDICATORS	ACTIONS	OUTPUT	WHO	TIME FRAME	BUDGET	LOCATION IN STRATEGIC PLAN OR IDP
activities and programmes targeting out-of-school adolescents and youth.								
<i>Comprehensive SRHR information, education and communication</i>								
Percentage of young people receiving comprehensive sexuality education. None	45%	Increase in the percentage of young people receiving comprehensive sexuality education	Engagement of relevant stakeholders Engagement of young people through various platforms eg. FGD, Media etc	More young people receive comprehensive sexuality education	GFP/SRHR Committee Other stakeholders	2 years	TBA	
Number of interventions for parents, guardians and teachers to ensure their support and involvement in the provision of comprehensive sexuality education and other SRH services to children, adolescents and youth. None	50	Increase in the number of interventions for parents, guardians and teachers to ensure their support and involvement in the provision of comprehensive sexuality education and other SRH and HIV services to children, adolescents and youth.	Engagement of parents, guardians and teachers using various platforms Engagement of relevant stakeholder	Parents, guardians and teachers are supportive and involved in the provision of comprehensive sexuality education and other SRH services to children, adolescents and youth.	GFP/SRHR Committee Other stakeholders	2 years	TBA	
Extent to which CSE and SHR services are integrated into programmes for out of school youth. None	50%	Increase in the extent to which CSE and SHR services are integrated into programmes for out of school youth.	Engage TEVETA to integrate CSE and SHR in the training curriculum	CSE and SHR services are integrated	HSS, GFP/SRHR Committee	1 year	TBA	Under HSS Department
<i>Teenage pregnancies and child marriages</i>								

BASELINE	TARGET	INDICATORS	ACTIONS	OUTPUT	WHO	TIME FRAME	BUDGET	LOCATION IN STRATEGIC PLAN OR IDP
Strategic objective: To implement community mobilisation and advocacy strategies against child marriages and teenage pregnancies. Develop community systems for the provision of economic and social support for teenage mothers.								
Advocacy strategies to prevent child marriages and teenage pregnancy. None	2	Successful outcomes from the advocacy strategies to prevent child marriages and teenage pregnancy.	Formulation and development of the Advocacy strategies to prevent child marriages and teenage pregnancy.	Advocacy strategies developed and implemented	GFP/SRHR Committee Other stakeholders	1 Year	TBA	
Systems in place for the provision of economic and social support for teenage mothers. None	2	Increase in the number of systems in place for the provision of economic and social support for teenage mothers.	Engagement management and councillors for the establishment of economic and social support systems for teenage mothers.	Systems developed and implemented	GFP/SRHR Committee Other stakeholders	1 year	TBA	
SRHR								
Strategic objective: To ensure that the community knows about and uses SRHR services. Establish and provide SRH integrated community-based youth- and adolescent-friendly services. Provide information and counselling services on drug and substance abuse.								
How many people receive SRHR services through the council? None	20%	Increase in the population accessing integrated SRH services	Engagement of management and councillors to provide SRHR services	People having access to SRHR services	GFP/SRHR Committee Other stakeholders	1 year	TBA	
How many people receive information and counselling on drug and substance abuse? None	50	Increase in the number of people receiving information and counselling on drug and substance abuse.	Identification of people on drug and substance abuse in communities Plan and implement counselling and	People on drug and substance abuse are successfully rehabilitated	Public Health, HSS, GFP/SRHR Committee Other relevant stakeholders	1 year	TBA	

BASELINE	TARGET	INDICATORS	ACTIONS	OUTPUT	WHO	TIME FRAME	BUDGET	LOCATION IN STRATEGIC PLAN OR IDP
			information dissemination activities					
Key populations								
Strategic objective: To ensure that the council has programmes to address the SRHR needs of communities. Council has programmes to address the SRHR needs of sex workers.								
Number of SRHR programmes that specifically target sex workers. None	3	Increase in the number of SRHR programmes for sex workers and people accessing these programmes.	Identification of sex workers SRHR sensitization Plan and implement empowerment programmes	Sex workers identifies, sensitized and empowered in SRHR	Public Health, HSS, GFP/SRHR Committee Other relevant stakeholders	1 year	TBA	