

**UPDATED SEXUAL AND REPRODUCTIVE HEALTH AND RIGHTS (SRHR) PLAN**  
**NAME OF COUNTRY: ZIMBABWE**  
**NAME OF COUNCIL: MUTARE CITY COUNCIL**

**Strategic objective:** The Council has adopted and implemented policies, programmes, services to enhance gender and youth sensitive, appropriate and affordable quality health care, including sexual and reproductive health and rights (SRHR).

NB. The Council's Gender Based Violence and HIV and AIDS plans were updated in line with the provisions of the Sustainable Development Goals (SDGs) and the Updated SADC Protocol on Gender and Development and are not included in the updated SRHR Plan. The SRHR plan will be implemented in concert with the GBV and HIV and AIDS plans to provide holistic SRHR care and services.

*All baseline data in the plan must be disaggregated by gender and age.*

BASELINE	SDG	POST 2015 SADC PROTOCOL TARGET	INDICATORS	TARGET GROUP	ACTIONS	OUTPUT	WHO	TIME FRAME	BUDGET US\$	LOCATION IN STRATEGIC PLAN OR IDP
<b>Menstrual health</b>										
<b>Strategic objective:</b> Put in place systems to ensure the provision of sustainable and cost-effective sanitary pads to girls and young women unable to access sanitary pads. Access to safe water and sanitation. The council raises awareness and provides training on the importance of good hygiene.										
<b>Access to menstrual products</b>										
How many girls and young women are receiving sanitary pads?  0			Number of sanitary ware distributed  Number of approved policies in place	Young girls and women	Coming up with policies for easy access to menstrual products by young women and girls  Coordination with Private Sector, NGOs, Schools for the provision of free sanitary	Registers  Monthly Reports	Council-Director, Health Services  Junior Council  Partners  Relevant ministries	June 2019	\$1000	Health Services  Housing and Community Services

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					ware to young women and girls					
<b><i>Water, sanitation and hygiene</i></b>										
What proportion of the council's population have access to safe water?			Increase in the proportion of the council's population that have access to safe water  Decrease in the number of water borne diseases.	All	Provision of Safe water	Reports	Council	June 2010		Health Services  Housing and Community Services  Engineering and Technical Services
What proportion of the council's population have access to sanitation?			Increase in the proportion of the council's population that have access to sanitation.	All	Awareness Campaigns  Provision of sanitation services	Reports  Stories of most significant change	Council	June 2020	2000	Health Services  Housing and Community Services  Engineering and Technical Services
Number of council programmes that			Increase in the number of council programmes	All	Awareness Campaigns	Reports	Council  Partners	December 2019		Health Services

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promote good hygiene.			that promote good hygiene.  Improvement in Hygiene practices		Distribution of IEC Materials  Training Workshops  Peer to peer training					Housing and Community Services  Engineering and Technical Services
<b>SRHR education and services</b>										
<b>Strategic objective:</b> Integrate community-based orphans and vulnerable children and youth (OVC&Y) programmes with comprehensive sexuality education and other adolescent and youth reproductive health services. Implement interventions for parents, guardians and teachers to ensure their support and involvement in the provision of comprehensive sexuality education and other SRH and HIV services to children, adolescents and youth. Integrate and ensure provision of CSE, SRH and HIV services in activities and programmes targeting out-of-school adolescents and youth.										
<b>Comprehensive SRHR information, education and communication</b>										
Percentage of young people receiving comprehensive sexuality education.  <i>67%</i>			Number of young people receiving comprehensive sexuality education	Orphans and Vulnerable Children and Youth	Distribution IEC materials  Provision of Reproductive Health Services  Provision of Health promotion services	Monthly reports	Council	June 2020		Health Services  Housing and Community Services
Number of interventions for parents, guardians and teachers to ensure their support and			Number of intervention programmes and awareness campaigns held	Youths Parents Children Teachers	Awareness Campaigns  Training Workshops  Debates	Reports  Registers	Council Partners	December 2019	500	Health Services  Housing and Community Services

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involvement in the provision of comprehensive sexuality education and other SRH and HIV services to children, adolescents and youth.			Number of Teachers, Parents and guardians trained		Speeches					
Extent to which CSE, SRH and HIV services are integrated into programmes for out of school youth.  It is well incooperated through our Teen HIV Prevention programme			Programmes for out of school youth.  Number of peer educators	Out of school adolescent youths	Training programme  Youth centre activities (Movie screening, Games)	Reports  Registers	Council  Relevant Ministries  Partners	June 2019		Health Services  Housing and Community Services

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<b><i>Teenage pregnancies and child marriages</i></b>										
<b>Strategic objective:</b> Implement community mobilisation and advocacy strategies against child marriages and teenage pregnancies. Develop community systems for the provision of economic and social support for teenage mothers.										
Advocacy strategies to prevent child marriages and teenage pregnancy.  Friendly youth corners Teen HIV Prevention program			Decrease in the number of child marriages and teenage pregnancy.	Teenagers	Lobby for policy alignment  Workshops  Awareness Campaigns  Distribution of IEC materials  Creation of Youth Centres	Reports	Council  Development Partners  Relevant Ministries	December 2019	3000	Health Services  Housing and Community Services
Systems in place for the provision of economic and social support for teenage mothers.			number of systems in place for the provision of economic and social support for teenage mothers.	Teenagers	Self Help projects training  Counselling Services  Capacity building for	Reports  Registers  Budget	Council  Relevant Ministries  Partners	Ongoing		Health Services  Housing and Community Services

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			Number of Counselling sessions done  Number of youth centre staff trained		staff manning youth centres  Peer Counselling services  Social support (Family, church, school, )					
<b>SRHR</b>										
<b>Strategic objective:</b> Community knows about and uses SRHR services. Establish and provide SRH and HIV integrated community-based youth- and adolescent-friendly services. Provide STI information, screening and treatment services. Provide information and counselling services on drug and substance abuse.										
Number of clinics, mobile clinics or other facilities providing comprehensive SRHR in the municipality.  14 ( EXCLUDING PRIVATE SECTOR)			Number of clinics, mobile clinics and other facilities offering SRHR and an increase in the scope of SRHR services provided.  Number of exhibitions  Number of materials distributed	Young adults	Setting up mobile clinics  Establishment of Youth Corners and Centres with youth friendly services  Exhibitions and offering services at public events  Distribution of SRHR related	Monthly Reports  Register  Council Budget	Council  Partners  Relevant Ministries	June 2019		Health Services  Housing and Community Services

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					materials and information  HIV Counselling and testing					
How many people access treatment for STIs? FEMALE 169			Number of people treated for new STIs receiving treatment for STIs.  Number of Health Talks held;  Number of IEC materials distributed	Youths  Adult men and women	Awareness Campaigns  Distribution of IEC materials  Workshops	Monthly Reports  Registers	Council  Partners	January-December 2019		Health Services  Housing and Community Services
How many people receive information and counselling on drug and substance abuse?  <b>2359</b>			Number of people getting information and Counselling drug and substance abuse.	Youths between 10-35 years	Home Visits  Establishing mobile Counselling centres  Awareness Campaigns	Registers  Monthly Reports	Council  Partners  Relevant Ministries	December 2019		Health Services  Housing and Community Services

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			Number of cases of drug and substance abuse		Distribution of IEC Materials  Training Workshops for peer Counsellors					
<b>Maternal health</b>										
<b>Maternal mortality</b>										
<b>Strategic objective:</b> The council has taken measures to reduce maternal mortality. Provision of contraceptives and age-appropriate family planning information, counselling and contraceptive services or referrals to adolescent-friendly service providers. Provide quality antenatal and obstetric care for including pregnant adolescents and young girls. Provide targeted post-natal care services for eligible adolescents and youth. Provide information and education on cervical and breast cancer. Provide information and services for safe legal abortion and post-abortion care.										
What is the Maternal mortality ratio?			Decrease in Maternal mortality ratio.	Pregnant women	Pre natal care programmes  Establishment of mobile clinics  Home visits by Community Nurses	monthly reports	Council  Partners  Min of Heath and Child care	December 2019	10 000	Health Services
<b>Family planning and contraception</b>										
What is the contraceptive prevalence rate?			contraceptive prevalence rate	Women and girls	Awareness Campaigns	Monthly reports	Council	June 2020	3000	
Male & female Condoms 92%			number of Contraceptives distributed	15-49	Free Contraceptive campaigns	Distribution lists				



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Other contraceptives 86% (women only)			Number of procedures done (Long term methods)  number of "unwanted" pregnancies	Men (Reproductive age)	Setting up more distribution centres					
What is the met demand for family planning?  In the month of September for example 6802 male condoms were requested and distributed and only 24 females condoms were distributed			demand for age appropriate family planning services  number of requests for age appropriate family planning and procedures done	Men and Women Of reproductive age	Distribution of IEC Materials  Awareness campaigns  Workshops  Home and School visits	Distribution lists  Monthly Reports	Council  Partners  Min of Health and Child care	December 2019	2000	
<b>Antenatal care</b>										
What is the percentage of births attended by skilled health personnel?  <b>142 births attended</b>			births attended by skilled health personnel.  Number of trained	Women and Girls	Establishment of Mobile clinics  Group Counselling services	Reports  Registers	Council  Partners  Relevant Ministries and			Health Services  Housing and Community Services

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			midwives in Council  Number of Doctors employed by Council  Number of Personnel trained in EMOC and BEMOC		EMOC Training  BEMOC Training  Recruitment of qualified staff		Government Departments			
<b><i>Postnatal care</i></b>										
How many women and girls receive postnatal care?  1 day = 144 3 days = 189 7 days = 215 6 weeks = 190			Increase in the number of women and girls who receive postnatal care.	Women and girls	Home visits (Post birth visits)  Provision of post-natal health care services  Group Counselling services	Reports  Registers	Council  Partners  MOHCC	Ongoing		Health Services  Housing and Community Services
<b><i>Cervical and breast cancer</i></b>										
How many women and girls receive the HPV vaccine? 9517			number of women and girls who receive the HPV vaccine.	Women and Girls	HPPV Vaccine Administration programmes	Reports  Registers	Council  Min of Health and Child Care	December 2020	5000	Health Services

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			Reduction in the number of people getting cancer		VIAC screening PAP SMEAR	Consent forms				Housing and Community Services
How many women and girls receive information on cervical and breast cancer?  203			number of women and girls who receive information on cervical and breast cancer.	Women and Girls	Distribution of IEC Materials  Campaigns  Training Workshops	Reports	Council  Partners	December 2019	1000	Health Services
<b><i>Safe abortion services</i></b>										
Number of people receiving information and services for safe legal abortion and post-abortion care.  Currently abortion is not legal in Zimbabwe except in cases of rape and in situations			Increase in numbers of people receiving information and services for safe legal abortion and post-abortion care.	Women of child bearing age  Rape victims	Distribution of IEC materials  Capacity building for Health personnel  Awareness campaigns	Registers  Reports	Council  Partners  Relevant Ministries	Ongoing		Health Services  Housing and Community Services

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were the pregnancy is a threat to a mother's life										
<b>Key populations</b>										
<b>Strategic objective:</b> Council has programmes to address the SRHR needs of lesbian, gay, bisexual, transsexual, intersex and queer (LGBTIQ) communities. Council has programmes to address the SRHR needs of sex workers.										
Number of SRHR programmes that specifically target sex workers.  2 programs CESSAR and New start PREP STI treatment Contact tracing			Increase in the number of SRHR programmes targeting sex workers  Increase in the number of sex workers accessing SRH information and services these programmes.	Sex Workers	Establishment of Programmes on SRH targeting sex workers  Awareness Campaigns	Running Programmes  Registers  Reports	Council  Partners  Relevant Ministries	Ongoing		Health Services  Housing and Community Services