

UPDATED SEXUAL AND REPRODUCTIVE HEALTH AND RIGHTS (SRHR) PLAN

NAME OF COUNTRY: ZIMBABWE

NAME OF COUNCIL: UMGUZA RDC

Strategic objective: The Council has adopted and implemented policies, programmes, services to enhance gender and youth sensitive, appropriate and affordable quality health care, including sexual and reproductive health and rights (SRHR).

NB. The Council's Gender Based Violence and HIV and AIDS plans were updated in line with the provisions of the Sustainable Development Goals (SDGs) and the Updated SADC Protocol on Gender and Development and are not included in the updated SRHR Plan. The SRHR plan will be implemented in concert with the GBV and HIV and AIDS plans to provide holistic SRHR care and services.

All baseline data in the plan must be disaggregated by gender and age.

BASELINE	SDG	POST 2015 SADC PROTOCOL TARGET	INDICATORS	TARGET GROUP	ACTIONS	OUTPUT	WHO	TIME FRAME	BUDGET US\$	LOCATION IN STRATEGIC PLAN OR IDP
Menstrual health										
Strategic objective: Put in place systems to ensure the provision of sustainable and cost-effective sanitary pads to girls and young women unable to access sanitary pads. Access to safe water and sanitation. The council raises awareness and provides training on the importance of good hygiene.										
Access to menstrual products										
How many girls and young women are receiving sanitary pads? 500			Increase in the number of girls and young women receiving sanitary pads.	Adolescent girls, young women Ages 10-24 yrs	Campaigns Meetings	Sister to sister program monthly and quarterly reports, pictures and videos	NAC ZACH Women Affairs RDC	Monthly		
Water, sanitation and hygiene										
What proportion of the council's population			Increase in the proportion of the council's population	OVCs Elderly Disabled	Water point committee meetings Monitoring visits	Availability of water within 5kms	RDC DDF	Quarterly		

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have access to safe water?			that have access to safe water.	People with chronic illnesses General population		Availability of water point committees Statistics from DWSSC and PWSC Capacity test results and quality test results	Ministry of women affairs MoCC Ministry of Youth			
What proportion of the council's population have access to sanitation?			Increase in the proportion of the council's population that have access to sanitation.	OVCs Elderly Disabled People with chronic illnesses General population	Activation of SAGs Monitoring and evaluation of OD and ODF villages	Reports from DSWC MoCC reports	RDC DDF Ministry of women affairs MoCC Ministry of Youth	Quarterly		
Number of council programmes that promote good hygiene.			Increase in the number of council programmes that promote good hygiene.	OVCs Elderly Disabled People with chronic illnesses General population	Drama Workshops Quiz Road shows	Reports from DSWC and MoCC	RDC DDF Ministry of women affairs MoCC Ministry of Youth	Quarterly		

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SRHR education and services										
Strategic objective: Integrate community-based orphans and vulnerable children and youth (OVC&Y) programmes with comprehensive sexuality education and other adolescent and youth reproductive health services. Implement interventions for parents, guardians and teachers to ensure their support and involvement in the provision of comprehensive sexuality education and other SRH and HIV services to children, adolescents and youth. Integrate and ensure provision of CSE, SRH and HIV services in activities and programmes targeting out-of-school adolescents and youth.										
Comprehensive SRHR information, education and communication										
Percentage of young people receiving comprehensive sexuality education. 5719			Increase in the percentage of young people receiving comprehensive sexuality education	OVC,s YIS, YOS, Adolescents, Prisoners	Delivery of SRH information sessions, Delivery of CSE sessions in schools	Outreach reports S2S monthly reports CSE (comprehensive sexual education) training reports	NAC PLAN international , RDC	2018-2020		
454 YIS			Increase in the number of interventions for parents, guardians and teachers to ensure their support and involvement in the provision of comprehensive sexuality education and other SRH and HIV services to	Adolescents, youths and parents	Modified DREAMS Training teachers on SRH and CSE Parent to child communication (PCC)	Teacher training workshops(C.S.E) PPC (parent to child communication) training and activities reports	PLAN	2018 - 2020		

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children, adolescents and youth.			children, adolescents and youth.							
Extent to which CSE, SHR and HIV services are integrated into programmes for out of school youth.			Increase in the extent to which CSE, SHR and HIV services are integrated into programmes for out of school youth.	Youth out of school	Sports Gala YES games YOS clubs Sister 2 Sister programme	S2S programme reports YES games quarterly reports Young People's Network (YPN) Youth In Organisations	NAC RDC	Quarterly		
<i>Teenage pregnancies and child marriages</i>										
Strategic objective: Implement community mobilisation and advocacy strategies against child marriages and teenage pregnancies. Develop community systems for the provision of economic and social support for teenage mothers.										
Advocacy strategies to prevent child marriages and teenage pregnancy.			Successful outcomes from the advocacy strategies to prevent child marriages and teenage pregnancy.	Community leaders Community	GBV awareness campaigns and dialogues SASA programmes ZACH champions	GBV awareness campaigns and dialogue reports Training report and activity reports for SASA champions.	NAC ZACH RDC MOH	Quarterly		
Systems in place for the provision of economic and social support for teenage mothers.			Increase in the number of systems in place for the provision of economic and social support	Community Teenagers	Establish programmes on economic and social support for teenage mothers	ZACH Awareness campaign register	RDC ZACH Ministry of women affairs	Quarterly		

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			for teenage mothers.				Ministry of Youth			
SRHR										
Strategic objective: Community knows about and uses SRHR services. Establish and provide SRH and HIV integrated community-based youth- and adolescent-friendly services. Provide STI information, screening and treatment services. Provide information and counselling services on drug and substance abuse.										
How many people receive SRHR services through the council? 500			Increase in the population accessing integrated SRH services	AGYW	Education, campaigns and outreach, STI campaigns	S2S reports Council reports Gender Committee minutes and recommendations	NAC RDC Women Affairs	Monthly		Strategic plan
Number of clinics, mobile clinics or other facilities providing comprehensive SRHR in the municipality. 26 clinics 3 mobile clinics			Increase in the number of clinics, mobile clinics and other facilities offering SRHR and an increase in the scope of SRHR services provided.	Adolescents, youths, general population, GBV survivors, prisoners, sex workers, men,	Provision of medical and legal support, campaigns, HIV testing services (HTS).	Ministry of Health statistics, Stop Act Start Action reports, gender committee minutes	MoHCC RDC, SASA, Junior Council	Quarterly		Council strategic plan
How many people access treatment for STIs? 373			Increase in the number of people receiving STIs.	Adolescents, Prisoners, Sex workers, Youth out of school, Youth in school, Men	Sharing of information by BCCM (behavioural change community motivators, (S2S) sister to sister ,	MoHCC statistics, Core output indicators	NAC, RDC, Clinics, MoCC	Daily , Monthly and Quartely		Strategic Plan

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					screening, treatment					
How many people receive information and counselling on drug and substance abuse?			Increase in the number of people offering drug and substance abuse.	Adolescents, Prisoners, Sex workers, Youth out of school, Youth in school, Men	Sharing of information by BCCM (behavioural change community motivators, (S2S) sister to sister, screening, treatment	MoCC statistics Data from DEO (District Education Officer). YES games statistic	NAC, RDC, Clinics, MoCC, DEO. Ministry of Youth	Daily, Monthly and Quartely		Strategic plan

Maternal health

Maternal mortality

Strategic objective: The council has taken measures to reduce maternal mortality. Provision of contraceptives and age-appropriate family planning information, counselling and contraceptive services or referrals to adolescent-friendly service providers. Provide quality antenatal and obstetric care for including pregnant adolescents and young girls. Provide targeted post-natal care services for eligible adolescents and youth. Provide information and education on cervical and breast cancer. Provide information and services for safe legal abortion and post-abortion care.

What is the Maternal mortality ratio?			Decrease in Maternal mortality ratio.	Young women, teenagers Lactating mothers or women Expecting fathers General population	Awareness campaigns Outreach programmes Parent to child communication Plays Role plays	MoCC monthly reports Number still births recorded Number of women dying soon after delivery Number of women dying during delivery	MoCC RDC Ministry of youth	Quarterly		
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				Parents or guardians to teenage pregnancies		Number of deaths recorded after 24 hours of delivery Number of deaths of infants below 5years				
Family planning and contraception										
What is the contraceptive prevalence rate? 48%			Increase in the contraceptive prevalence rate	Youth out of school, women, men GBV survivors Sex workers HIV patients General population GBV perpetrators	Campaigns on how to use contraceptives Adverts on billboards Role plays Quiz	MoCC statistics Types of contraceptives available for use	MoCC RDC NAC Youth Council	Quarterly		
What is the met demand for family planning?			Increase in the met demand for family planning	Youth Women adolescents	Awareness campaigns Counselling of adolescents Establishment of a youth friendly centre	Family planning services provided per age provided as per MoCC statistics Number of contraceptives distributed per age group	MoCC Council clinics Peer educators Councillors	Quarterly /		

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<i>Antenatal care</i>										
What is the percentage of births attended by skilled health personnel? 84.9%			Increase in the percentage of births attended by skilled health personnel.	Young women, expecting mothers and fathers, parents and guardians, general population	Workshops Seminars Meeting	Clinic statistics of expecting mothers according to their age groups.	MoCC RDC Ministry of Youth			
<i>Postnatal care</i>										
How many women and girls receive postnatal care?			Increase in the number of women and girls who receive postnatal care.	Adolescents Youths	Specialized meetings on child care Meetings targeting youths and adolescents on hygiene and how to take care of a baby after giving birth	MoCC and Council statistics on births per day (youths and adolescents) Number of visits by mothers after birth Clinics outreaches	MoCC RDC Ministry of Youth	Quarterly		
<i>Cervical and breast cancer</i>										
How many women and girls receive the HPV vaccine? 5061			Increase in the number of women and girls who receive the HPV vaccine.	Girls between 9-12 years	Vaccination Awareness campaigns at schools and homes	HPV awareness workshop report and minutes Number of vaccinated patients	MoHCC MoPSE	Quarterly		
How many women and			Increase in the number of	Adolescent girls and young	Offering information on	S2S programme reports	NAC MoCC	Throughout the year		

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girls receive information on cervical and breast cancer? 500 AGYN			women and girls who receive information on cervical and breast cancer.	women (10-24 years)	cervical and breast cancer	S2S mentor manuals	RDC			
Safe abortion services										
Number of people receiving information and services for safe legal abortion and post-abortion care.			Increase in numbers of people receiving information and services for safe legal abortion and post-abortion care.	Mothers in life threatening situations Incest survivors (Consanguineous infinity relationships)	Campaigns Post abortion home visits Education on safe abortion practices Education on consequences on illegal abortion Dramas, quiz, debates	MoCC and clinic statistics	Legal and health Practitioners ZRP ZACH RDC Ministry of Justice	Quarterly		
Key populations										
Strategic objective: Council has programmes to address the SRHR needs of lesbian, gay, bisexual, transsexual, intersex and queer (LGBTIQ) communities. Council has programmes to address the SRHR needs of sex workers.										
Number of SRHR programmes that specifically target			Increase in the number of SRHR programmes for LGBTIQ communities							

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LGBTIQ communities.			and people accessing these programmes.							
Number of SRHR programmes that specifically target sex workers.			Increase in the number of SRHR programmes for sex workers and people accessing these programmes.	Sex workers	Training of sex workers as peer educators/ condom champions HIV awareness campaigns targeting sex workers	Training reports HIV awareness campaign reports		Quarterly		