



# KANANA COUNCIL RAPID ASSESSMENT OF ADOLESCENT SEXUAL AND REPRODUCTIVE HEALTH (ASRHR)

JANUARY 2022



## FACT SHEET

This fact sheet is a summary of the findings of the ASRHR Rapid Assessment undertaken in Kanana as part of an eight-country study<sup>1</sup> from November 2019 to December 2020. The research aims to strengthen youth-led and focused efforts to promote ASRHR through gender and youth responsive local governance. Gender Links Lesotho conducted the study in nine Centers of Excellence for Gender in Local Government.<sup>2</sup> In Kanana, the study covered just one clinic; 63 respondents: 46% young women and 54% young men (see table overleaf). This fact sheet should be read together with the Lesotho and the Southern Africa ASRHR Rapid Assessment research pamphlets. Key findings include:

### Accessibility

- Half of the respondents (54%) reported being within 10 km of a clinic. However, more clinics are needed even if it could be mobile.
- About (70%) of respondents said that the clinic had a comfortable waiting and consultation area.
- The only visited clinic does not charge a fare for services provided.

### Quality of care

- About 78% of respondents said they received appropriate information with 49% saying health workers spend sufficient time with them.
- Sixty-two percent of respondents said the clinic treated them with respect while 46% with confidentiality.

- Over 43% of young women had privacy when visiting the clinic.
- About 48% attested to the availability of peer counsellors.
- However only 41% of young people are treated without third party present.

### Sexual and reproductive health services

- Forty-Four percent of respondents requested contraceptives and almost 89% received; this shows young women have access to contraceptives.
- In terms of pregnancy test, only 55% requested and 75% received.
- Only 19% of respondents tested positive for pregnancy.
- Over the 43% of young women who requested pads, none of them received them, this is very disturbing as many young women miss school during their period.
- Almost 71% of young men requested male circumcision while only 67% received the appointment.
- Sixty percent of young women requested HIV tests and the whopping 95% received HIV tests, this is very impressive especially now that Lesotho is working tirelessly to make sure that testing sites are accessible.
- Only 8% requested ARVS and 40% received, this is highly worrying to think that ARVS are free in Lesotho and more sensitisation on test and treat is required.

<sup>1</sup> Botswana, Eswatini, Lesotho, Madagascar, Mauritius, South Africa, Zambia and Zimbabwe.  
<sup>2</sup> Kanana, Lilala, Mafeteng, Mamants'o, Mazenod, Qibing, Sephokong, Siloe and Ts'ana Talana.

FOR MORE INFORMATION go to:

<https://genderlinks.org.za/what-we-do/governance/local-action-for-voice-and-choice/>

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KEY DATA FROM THE RAPID ASSESSMENT OF ASRHR SERVICES IN KANANA COUNCIL LESOTHO

Indicator	Kanana Clinic	Maqhaka Health Centre
Total sample	63	63
% female	46%	46%
% male	54%	54%
<b>Logistic information on health facilities</b>		
Health facility within 10km from your home %	54%	54%
The facility opens after school? %	13%	13%
The facility opens on weekends? %	11%	11%
The facility has a comfortable waiting and consultation area? %	70%	70%
Does the facility charge a fee? %	0%	0%
Average fee in USD	\$0	\$0
<b>Quality of care</b>		
Peer counsellors available %	48%	48%
Young people treated with respect %	62%	62%
Young people are treated without parent present %	41%	41%
Young people have privacy %	43%	43%
Young people have confidentiality %	46%	46%
Health workers spend sufficient time with young people %	49%	49%
Young people receive appropriate information %	78%	78%
<b>Sexual and reproductive health services (%)</b>		
<b>Maternal health</b>		
% Young people who requested contraceptives	44%	44%
% Young people who requested contraceptives that received contraceptives	89%	89%
% Young women who requested a pregnancy test	55%	55%
% Young women who received a pregnancy test	75%	75%
% Young women who were pregnant	19%	19%
<b>Menstrual health</b>		
% Young women who requested pads	43%	43%
% of those who requested pads that received pads	0%	0%
<b>HIV and AIDS and STI</b>		
% Young men who requested male circumcision	71%	71%
% of those who requested male circumcision received an appointment	67%	67%
% youth who requested PREP	21%	21%
% youth who received PREP	62%	62%
% who requested post-exposure prophylaxis (PEP)	23%	23%
% of those who requested who received PEP	57%	57%
% who requested HIV test	60%	60%
% of those who requested who received HIV test	95%	95%
% who requested STI test	33%	33%
% who requested who received STI test	81%	81%
% who requested anti-retrovirals (ARVs)	8%	8%
% who requested who received ARVs	40%	40%
% who said Health worker asked about mental health	39%	39%