

# BINDURA RDC RAPID ASSESSMENT OF ADOLESCENT SEXUAL AND REPRODUCTIVE HEALTH (ASRHR)

JANUARY 2022



## FACT SHEET

This fact sheet is a summary of the findings of the ASRHR Rapid Assessment undertaken in Bindura Rural District Council (RDC) as part of an eight-country study<sup>1</sup> from November 2019 to December 2020. The research aims to strengthen youth-led and focused efforts to promote ASRHR through gender and youth responsive local governance. Gender Links Zimbabwe conducted the study in thirteen Centers of Excellence for Gender in Local Government.<sup>2</sup> In Bindura RDC, the study covered 10 clinics; 250 respondents: 53% young women and 47% young men (see table overleaf). This fact sheet should be read together with the Zimbabwe and the Southern Africa ASRHR Rapid Assessment research pamphlets. Key findings include:

### Accessibility

- Fifty-seven percent of respondents reported being within 10 km of a clinic.
- Responses to whether the clinics open after school varied from low to high. This suggests either differences in the way clinics operate or lack of knowledge concerning their hours.
- Over three quarters of all respondents (76%), said that the clinics open at weekends. Muonwe (52%) and Nyava (50%) clinics had low response rates.
- Four fifths of respondents (80%) said that the clinic had a comfortable waiting area.
- All clinics except Muonwe, Mupandira and Rutope charged fees ranging from \$1 to \$7.

### Quality of care

- Most young people (92%) said clinics treated them with respect.
- Most young people (84%) indicated that they received services in confidentiality.
- Over half (54%) of young people stated that there were peer counsellors at the clinics and the responses were varied from 5% in Chiriseri to 74% in Chiveso.
- Less than half of respondents (47%) said that clinics did not require their parents to be present.

Only Chiriseri (65%), Nyava (57%) and Chiveso (56%) clinics had a positive response rate.

- Over three quarters (76%) indicated that health workers spent sufficient time with them.
- Overall, a high percentage of respondents (77%) said they received appropriate information. This ranged from 44% in Chiveso to 100% in Rutope and Nyava clinics.

### Sexual and reproductive health services

- Less than one quarter of respondents (23%) requested contraceptives. At Rutope clinic 95% of young people requested contraceptives, while none were requested at Manga clinic. Over three quarters of those who requested contraceptives received them. While the council is putting effort to provide contraception, more can be done to improve its accessibility.
- Overall, 25% of young women requested a pregnancy test and 64% received it. Only 2% of young women were pregnant at the time of the study with most cases recorded in Chiveso (8%) and Glamourgan (5%) clinics.
- Only 38% of young women requested sanitary pads and 76% of those who requested received them.
- At 61%, overall demand for male circumcision, which has been shown to reduce the spread of HIV and AIDS, is moderate. However, this varied; for example, 92% of all the male respondents in Foothills asked for the services while none requested in Muonwe.
- Overall 39% requested an HIV test. This ranged from 11% in Chiveso Clinic to 79% in Nyava clinic. Only Muonwe did not get any requests for an HIV test. Almost all those (90%) who asked for this test received it.
- Only fourteen percent of respondents requested an STI test and 72% of those who requested STI tests received them.
- Overall, half of the young women in Bindura RDC requested an ante-natal check and all of them received the service.
- Close to half of respondents (42% overall) said health workers asked about their mental health. Mental health is closely linked with ASRHR.

<sup>1</sup> Botswana, Eswatini, Lesotho, Madagascar, Mauritius, South Africa, Zambia and Zimbabwe

<sup>2</sup> Bindura RDC, Bulawayo City, Gweru City, Harare City, Kadoma City, Makoni RDC, Masvingo City, Murehwa RDC, Mutare City, Mvurwi Town, Umguza RDC, Zibagwe RDC and Zvimba RDC

FOR MORE INFORMATION go to:

<https://genderlinks.org.za/what-we-do/governance/local-action-for-voice-and-choice/>

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KEY DATA FROM THE RAPID ASSESSMENT OF ASRHR SERVICES IN BINDURA RDC ZIMBABWE

Indicator	Bindura RDC	Chiriseri clinic	Chiveso clinic	Foothills clinic	Glamourgan Clinic	Manga clinic	Muonwe clinic	Mupandira Clinic	Rutope Clinic	Manhenga Clinic	Nyava Clinic
Total sample	250	20	27	45	42	20	21	21	21	19	14
% female	53%	50%	44%	47%	50%	60%	81%	52%	52%	58%	43%
% male	47%	50%	56%	53%	50%	40%	19%	48%	48%	42%	57%
<b>Logistic information on health facilities</b>											
Health facility within 10km from your home %	57%	65%	67%	80%	60%	55%	57%	48%	33%	32%	36%
The facility opens after school? %	54%	85%	70%	40%	50%	30%	76%	86%	14%	68%	36%
The facility opens on weekends? %	76%	100%	78%	67%	62%	85%	52%	95%	95%	84%	50%
The facility has a comfortable waiting and consultation area? %	80%	90%	89%	96%	81%	20%	86%	76%	76%	89%	71%
<b>Quality of care</b>											
Peer counsellors available %	54%	5%	74%	98%	64%	45%	24%	19%	67%	11%	71%
Young people treated with respect %	92%	100%	93%	89%	93%	80%	90%	90%	95%	95%	93%
Young people are treated without parent present %	47%	65%	56%	44%	43%	35%	38%	48%	43%	37%	57%
Young people have privacy %	74%	90%	52%	73%	71%	75%	67%	95%	81%	89%	57%
Young people have confidentiality %	84%	90%	59%	87%	90%	80%	95%	71%	90%	89%	79%
Health workers spend sufficient time with young people %	76%	95%	78%	80%	71%	25%	86%	81%	90%	58%	93%
Young people receive appropriate information %	77%	70%	44%	87%	81%	75%	81%	67%	100%	63%	100%
<b>Sexual and reproductive health services (%)</b>											
<b>Maternal health</b>											
% Young people who requested contraceptives	23%	20%	26%	13%	24%	0%	24%	14%	95%	5%	14%
% Young people who requested contraceptives that received contraceptives	76%	75%	57%	67%	50%		40%	100%	100%	100%	100%
% Young women who requested a pregnancy test	25%	40%	25%	5%	24%	0%	24%	27%	100%	18%	0%
% Young women who received a pregnancy test	64%	25%	100%	100%	0%		75%	33%	100%	50%	
% Young women who were pregnant	2%	0%	8%	0%	5%	0%	0%	0%	0%	0%	0%
<b>Menstrual health</b>											
% Young women who requested pads	38%	20%	33%	67%	19%	0%	6%	45%	91%	45%	83%
% of those who requested pads that received pads	76%	100%	100%	57%	100%		0%	60%	100%	100%	40%
<b>HIV and AIDS and STI</b>											
% Young men who requested male circumcision	61%	90%	33%	92%	48%	38%	0%	60%	50%	50%	100%
% of those who requested male circumcision received an appointment	93%	100%	80%	100%	90%	100%		83%	60%	100%	100%
% who requested HIV test	39%	20%	11%	78%	45%	30%	0%	19%	76%	0%	79%
% of those who requested who received HIV test	90%	100%	67%	97%	79%	83%		25%	100%		91%
% who requested STI test	14%	5%	4%	11%	24%	15%	0%	10%	57%	0%	14%
% who requested who received STI test	72%	100%	0%	80%	60%	100%		50%	83%		50%
% who said Health worker asked about mental health	42%	60%	41%	82%	24%	0%	10%	33%	76%	5%	64%