



UMGUZA RURAL DISTRICT COUNCIL RAPID ASSESSMENT OF ADOLESCENT SEXUAL AND REPRODUCTIVE HEALTH (ASRHR)

JANUARY 2022



FACT SHEET

This fact sheet is a summary of the findings of the ASRHR Rapid Assessment undertaken in Umguza Rural District Council as part of an eight-country study¹ from November 2019 to December 2020. The research aims to strengthen youth-led and focused efforts to promote ASRHR through gender and youth responsive local governance. Gender Links Zimbabwe conducted the study in thirteen Centers of Excellence for Gender in Local Government.² In Umguza, the study covered 11 clinics; 146 respondents: 54% young women and 46% young men (see table overleaf). This fact sheet should be read together with the Zimbabwe and the Southern Africa ASRHR Rapid Assessment research pamphlets. Key findings include:

Accessibility

- Over two-thirds (69%) of respondents reported being within 10 km of a clinic. Only, Redwood (48%), Khami Prison Remand (0%) and Umguza Mobile (UM) (0%) clinics had the least responses.
- Responses to whether the clinics open after school were moderately high at 72%. Khami Prison clinic is not open after school. Probably because of the distance young people have to walk to access services from the clinic.
- Almost all respondents (84%), said that clinics open during weekends. UM clinic (0%) does not operate during weekends.
- Less than three-quarters (73%) of respondents said that the clinic had a comfortable waiting area. Bulawayo Prison (43%), Imbizo (38%) and Khami Prison (0%) clinics had the least responses.
- The average cost of ASRHR services in Umguza is USD\$6. This is rather too high.

Quality of care

- Most young people (88%) said they were treated with respect. In Ntabazinduna (67%) clinic, the response rate was below 75%.
- A third (67%) of young people indicated that there was privacy at the clinic. Less than a third (29%) of young people from Bulawayo Prison Clinic said there was no privacy.
- A high proportion (80%) of respondents said they were treated with confidentiality. Responses were varied, ranging from 43% at Bulawayo Prison Clinic

to 100% at Khami Prison, Ntabazinduna Prison, and Umguza mobile clinics.

- Only fifty-seven percent of respondents said that clinics did not require their parents to be present, with Ntabazinduna Prison clinic being the only exception.
- Less than three-quarters (72%) of young people indicated that health workers spent sufficient time with them. All clinics but Imbizo (38%) and UM (33%) had an above-average response rate.
- Three-quarters of young people said they received appropriate information. Only Imbizo clinic had a response rate below half at 38%. Availability of information is a key component of ASRHR that gives young people a #VoiceandChoice.

Sexual and reproductive health services

- Less than half of young people (41%) requested contraceptives. These requests were varied, ranging from 22% at Induna to 100% at Khami and Ntabazinduna Prisons' clinics. Most young people (80%) who requested contraceptives received them.
- A third (32%) of young women requested a pregnancy test. No requests were made at Bulawayo Prison, Fairbridge, and Induna clinics. Over three-quarters (80%) of those who requested, received the service. At the time of the study, 13% of young women were pregnant.
- Over a third (34%) of young women requested sanitary pads. These ranged from no request in Bulawayo Prison clinic to 100% at Imbizo clinic. Ninety-six percent of young women who requested pads, received them.
- Two-thirds of young men (66%) requested male circumcision. Male circumcision has been shown to reduce the spread of HIV and AIDS. Almost all requests (86%) for circumcision were met. Rosecamp clinic (50%) had the least requests that were met.
- Over a third of respondents (39%) requested an HIV test. Almost all (85%) of those who requested the service received it. Umguza mobile clinic did not offer HIV tests.
- Less than a quarter (20%) of young people requested an STI test and 79% of those requests were met.
- Almost three-quarters of respondents (72% overall) said health workers asked about their mental health.

¹ Botswana, Eswatini, Lesotho, Madagascar, Mauritius, South Africa, Zambia and Zimbabwe

² Bindura RDC, Bulawayo City, Gweru City, Harare City, Kadoma City, Makoni RDC, Masvingo City, Murehwa RDC, Mutare City, Mvurwi Town, Umguza RDC, Zibagwe RDC and Zvimba RDC

FOR MORE INFORMATION go to:

<https://genderlinks.org.za/what-we-do/governance/local-action-for-voice-and-choice/>

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KEY DATA FROM THE RAPID ASSESSMENT OF ASRHR SERVICES IN UMGUZA RDC ZIMBABWE

Indicator	Umguzo RDC	Anjo Prison	Bulawayo Prison	Fairbridge	Imbizo	Induna	Khami Prison Remand	Ntabazinduna	Ntabazinduna Prison	Redwood	Rosecamp	Umguzo Mobile
Total sample	146	22	7	6	8	18	1	18	1	48	14	3
% female	54%	59%	43%	33%	25%	56%	0%	61%	0%	63%	57%	0%
% male	46%	41%	57%	67%	75%	44%	100%	39%	100%	38%	43%	100%
Logistic information on health facilities												
Health facility within 10km from your home %	69%	62%	100%	100%	75%	94%	0%	72%	100%	48%	93%	0%
The facility opens after school? %	72%	41%	100%	100%	63%	94%	0%	89%	100%	58%	100%	33%
The facility opens on weekends? %	84%	50%	100%	100%	100%	100%	100%	94%	100%	83%	100%	0%
The facility has a comfortable waiting and consultation area? %	73%	91%	43%	50%	38%	67%	0%	78%	100%	79%	64%	100%
Quality of care												
Young people treated with respect %	88%	95%	100%	83%	88%	89%	100%	67%	100%	92%	79%	100%
Young people are treated without present %	57%	27%	71%	33%	25%	39%	100%	39%	0%	69%	29%	100%
Young people have privacy %	67%	82%	29%	83%	13%	50%	100%	72%	100%	79%	50%	100%
Young people have confidentiality %	80%	86%	43%	83%	75%	89%	100%	56%	100%	85%	86%	100%
Health workers spend sufficient time with young people %	72%	64%	71%	83%	38%	72%	100%	72%	100%	79%	79%	33%
Young people receive appropriate information %	75%	77%	57%	83%	38%	72%	100%	56%	100%	85%	71%	100%
Sexual and reproductive health services (%)												
Maternal health												
% Young people who requested contraceptives	41%	32%	29%	50%	50%	22%	100%	50%	100%	46%	36%	33%
% Young people who requested contraceptives that received contraceptives	80%	57%	100%	100%	100%	75%	100%	89%	100%	68%	100%	100%
% Young women who requested a pregnancy test	32%	38%	0%	0%	50%	0%		27%		43%	38%	
% Young women who received a pregnancy test	80%	100%			100%			67%		69%	100%	
Menstrual health												
% Young women who requested pads	34%	15%	0%	50%	100%	30%		18%		37%	63%	
% of those who requested pads that received pads	96%	100%		100%	100%	100%		100%		91%	100%	
HIV and AIDS and STI												
% Young men who requested male circumcision	66%	89%	50%	75%	50%	75%	100%	29%	100%	61%	67%	100%
% of those who requested male circumcision received an appointment	86%	100%	100%	67%	100%	83%	100%	100%	100%	82%	50%	100%
% who requested HIV test	39%	50%	0%	17%	25%	11%	100%	22%	0%	60%	7%	100%
% of those who requested who received HIV test	85%	100%		100%	100%	50%	100%	100%		86%	100%	0%
% who said Health worker asked about mental health	73%	45%	86%	67%	100%	89%	100%	78%	100%	63%	86%	67%