



# ZVIMBA RURAL DISTRICT COUNCIL RAPID ASSESSMENT OF ADOLESCENT SEXUAL AND REPRODUCTIVE HEALTH (ASRHR)

JANUARY 2022



## FACT SHEET

This fact sheet is a summary of the findings of the ASRHR Rapid Assessment undertaken in Zvimba Rural District Council as part of an eight-country study<sup>1</sup> from November 2019 to December 2020. The research aims to strengthen youth-led and focused efforts to promote ASRHR through gender and youth responsive local governance. Gender Links Zimbabwe conducted the study in thirteen Centers of Excellence for Gender in Local Government.<sup>2</sup> In Zvimba, the study covered 11 clinics; 163 respondents: 49% young women and 52% young men (see table overleaf). This fact sheet should be read together with the Zimbabwe and the Southern Africa ASRHR Rapid Assessment research pamphlets. Key findings include:

### Accessibility

- Over half (55%) percent of respondents reported being within 10 km of a clinic. All young people who accessed Mt Hampden, Nyabira, and Sutton clinics travelled longer distances.
- Responses to whether the clinics open after school were moderately high at 61%. Youths who accessed Mt Hampden and Sutton clinics said they did not open after school. Probably because of the distance young people have to walk to the clinic.
- Over three-quarters of respondents (79%), said that clinics open during weekends. Nyabira clinic (0%) does not operate during weekends.
- Over three-quarters, (80%) of respondents said that the clinic had a comfortable waiting area. Both Nyabira and Sutton clinics (0%) had the least rating.
- The average cost of ASRHR services in Zvimba is USD\$1.

### Quality of care

- Most young people (81%) said they were treated with respect. None of the youths in Nyabira said they were treated with respect.
- Almost all (83%) of young people indicated that there was privacy at the clinic. Young people from Mt Hampden, Nyabira and Sutton clinics said there was no privacy.

- Almost all respondents (93%) said they were treated with confidentiality except in Nyabira and Sutton clinics.
- Less than a third (28%) of respondents said that clinics did not require their parents to be present to seek ASRHR services. At Nyabira clinic all young people are treated with their parents present.
- Over half (63%) of young people indicated that health workers spent sufficient time with them. Responses were varied from 0% at Mt Hampden, Nyabira and Sutton clinics to 88% at Mtorashanga clinic.
- Almost all young people (80%) said they received appropriate information except Mt Hampden and Sutton clinics where no young people indicated having sufficient knowledge.

### Sexual and reproductive health services

- Over a tenth of young people (15%) requested contraceptives. Requests were varied, ranging from no requests at Herbert Chitepo, Mt Hampden, Nyabira and Sutton clinics to 35% at Chikeya clinic. Less than half (46%) of young people who requested contraceptives received them.
- Almost half (47%) of young women requested a pregnancy test. The highest proportion of requests (50%) was at Masiyarwa clinic. Less than a third (32%) of those who requested, received the service. At the time of the study, 3% of young women were pregnant.
- Over half (59%) of young women requested sanitary pads. These ranged from no request at Mt Hampden, Nyabira Clinic, and Sutton clinics to 100% at Trelawney clinic. Under a quarter (20%) of young women who requested pads, received them.
- Less than three-quarters of young men (73%) requested male circumcision. No requests were made at Nyabira clinic. Male circumcision has been shown to reduce the spread of HIV and AIDS. Almost all requests (93%) for circumcision were met.
- Over three-quarters of respondents (79%) requested an HIV test. Almost all (85%) of those who requested, received it.
- Over a third (36%) of young people requested an STI test and 78% of those requests were met.
- Almost all respondents (82% overall) said health workers asked about their mental health.

<sup>1</sup> Botswana, Eswatini, Lesotho, Madagascar, Mauritius, South Africa, Zambia and Zimbabwe

<sup>2</sup> Bindura RDC, Bulawayo City, Gweru City, Harare City, Kadoma City, Makoni RDC, Masvingo City, Murehwa RDC, Mutare City, Mvurwi Town, Umguza RDC, Zibagwe RDC and Zvimba RDC

FOR MORE INFORMATION go to:

<https://genderlinks.org.za/what-we-do/governance/local-action-for-voice-and-choice/>

Contact details: Gender Links Zimbabwe

Address: 30 Samora Machel Avenue,  
Nicoz Diamond Building, Harare, Zimbabwe

Tel: +263242798600



KEY DATA FROM THE RAPID ASSESSMENT OF ASRHR SERVICES IN ZVIMBA RDC ZIMBABWE

Indicator	Zvimba RDC	Chikeya	Chirau	Hebert Chitepo Clinic	Masiyarwa	Mt Hampden	Mupumbu	Mtorashanga	Nyabira	Raffingora	Suiton	Trelawney
Total sample	163	20	21	20	20	1	17	16	1	24	1	22
% female	49%	45%	52%	60%	45%	100%	59%	31%		42%	100%	50%
% male	51%	55%	48%	40%	55%	0%	41%	69%	0%	58%	0%	50%
<b>Logistic information on health facilities</b>												
Health facility within 10km from your home %	55%	40%	71%	50%	70%	0%	35%	81%	0%	46%	0%	55%
The facility opens after school? %	61%	85%	62%	60%	70%	0%	65%	81%	100%	33%	0%	45%
The facility opens on weekends? %	79%	90%	81%	65%	95%	100%	71%	69%	0%	83%	100%	77%
The facility has a comfortable waiting and consultation area? %	80%	85%	76%	60%	80%	100%	82%	88%	0%	83%	0%	91%
Average fee in USD	\$1	\$1	\$1	\$1	\$1	\$1	None	\$1	\$5	\$2	None	None
<b>Quality of care</b>												
Young people treated with respect %	81%	80%	62%	80%	79%	100%	100%	94%	0%	75%	100%	91%
Young people are treated without parent present %	28%	35%	43%	25%	21%	100%	71%	94%	0%	35%	100%	23%
Young people have privacy %	83%	85%	81%	80%	90%	0%	71%	94%	0%	83%	0%	95%
Young people have confidentiality %	93%	75%	100%	100%	89%	0%	100%	100%	100%	96%	0%	91%
Health workers spend sufficient time with young people %	63%	68%	38%	65%	84%	0%	59%	88%	0%	58%	0%	59%
Young people receive appropriate information %	80%	80%	67%	90%	89%	0%	82%	81%	100%	88%	0%	73%
<b>Sexual and reproductive health services (%)</b>												
<b>Maternal health</b>												
% Young people who requested contraceptives	15%	35%	14%	0%	25%	0%	12%	13%	0%	13%	0%	9%
% Young people who requested contraceptives that received contraceptives	46%	43%	33%		80%		50%	50%		33%		0%
% Young women who requested a pregnancy test	47%	44%	36%	67%	50%	0%	60%	60%	0%	70%	0%	9%
% Young women who received a pregnancy test	32%	25%	25%	38%	50%		33%	33%		29%		0%
% Young women who were pregnant	3%	0%	0%	0%	0%	0%	0%	0%		10%	0%	9%
<b>Menstrual health</b>												
% Young women who requested pads	59%	22%	73%	83%	11%	0%	80%	60%	0%	40%	0%	100%
% of those who requested pads that received pads	20%	50%	0%	0%	0%		38%	100%		25%		9%
<b>HIV and AIDS and STI</b>												
% Young men who requested male circumcision	73%	64%	80%	63%	82%		71%	82%	0%	57%		91%
% of those who requested male circumcision received an appointment	93%	100%	75%	100%	89%		100%	89%		100%		100%
% who requested HIV test	79%	63%	90%	75%	80%	0%	76%	81%	0%	79%	0%	91%
% of those who requested who received HIV test	85%	83%	74%	73%	81%		92%	85%		94%		95%
% who said Health worker asked about mental health	82%	55%	81%	90%	90%	100%	82%	81%	0%	75%	100%	100%