



QIBING RAPID ASSESSMENT OF ADOLESCENT SEXUAL AND REPRODUCTIVE HEALTH (ASRHR)

JANUARY 2022



FACT SHEET

This fact sheet is a summary of the findings of the ASRHR Rapid Assessment undertaken in Qibing as part of an eight-country study¹ from November 2019 to December 2020. The research aims to strengthen youth-led and focused efforts to promote ASRHR through gender and youth responsive local governance. Gender Links Lesotho conducted the study in nine Centers of Excellence for Gender in Local Government.² In Qibing, the study covered just one clinic; 60 respondents: 52% young women and 48% young men (see table overleaf). This fact sheet should be read together with the Lesotho and the Southern Africa ASRHR Rapid Assessment research pamphlets. Key findings include:

Accessibility

- Eighty percent of the respondents (80%) reported being within 10 km of a clinic, however, more clinics are needed as it is just one that serves that council.
- The facility opens on both after school hours and weekends, this is amazing as young people will not have to worry about when should they visit facilities.
- About (82%) of respondents said that the clinic had a comfortable waiting and consultation area.
- The facility charges an average fee of M15, 00 for consultation and medication.

Quality of care

- About 100% of respondents said they were treated without third party being present and 75% felt privacy at the facility.
- About 83% of respondents attested that they had confidentiality at the facility.

- Over 78% of young people received appropriate information with only 22% saying health workers spend sufficient time with them.
- Fifty percent of respondents confirmed the availability of peer counsellors.

Sexual and reproductive health services

- Only 28% of respondents requested contraceptives and almost 71% received them; this is a good sign of showing the accessibility of contraceptives to young women.
- About 23% of young women requested pregnancy tests.
- Over 71% of young women received pregnancy tests and 10% tested positive for pregnancy.
- Only 6% of young women requested pads, none of them received them, this is very disturbing as many young women miss school during their period, and as much as VAT has been removed on pads there many young women who still struggle to access them.
- Almost 76% of young men requested for male circumcision and almost 95% received the appointments.
- Sixty-seven percent of young people requested for HIV test and the 100% received HIV tests, this is very impressive especially now that Lesotho is working tirelessly to make sure that testing sites are accessible.
- Only 2% requested ARVS and over 100% received it, this is very good because ARVs are free in Lesotho and people are encouraged to start them immediately after testing positive for HIV.

¹ Botswana, Eswatini, Lesotho, Madagascar, Mauritius, South Africa, Zambia and Zimbabwe.

² Kanana, Lilala, Mafeteng Urban, Maman's'o, Mazenod, Qibing, Sephokong, Siloe and Ts'ana Talana.

FOR MORE INFORMATION go to:

<https://genderlinks.org.za/what-we-do/governance/local-action-for-voice-and-choice/>

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KEY DATA FROM THE RAPID ASSESSMENT OF ASRRH SERVICES IN QIBING LESOTHO

Indicator	Qibing	Lits'oening Health Centre
Total sample	60	60
% female	52%	52%
% male	48%	48%
Logistic information on health facilities		
Health facility within 10km from your home %	80%	80%
The facility opens after school? %	100%	100%
The facility opens on weekends? %	100%	100%
The facility has a comfortable waiting and consultation area? %	82%	82%
Does the facility charge a fee? %	100%	100%
Average fee in USD	\$1	\$1
Quality of care		
Peer counsellors available %	50%	50%
Young people treated with respect %	78%	78%
Young people are treated without parent present %	100%	100%
Young people have privacy %	75%	75%
Young people have confidentiality %	83%	83%
Health workers spend sufficient time with young people %	22%	22%
Young people receive appropriate information %	78%	78%
Sexual and reproductive health services (%)		
Maternal health		
% Young people who requested contraceptives	28%	28%
% Young people who requested contraceptives that received contraceptives	71%	71%
% Young women who requested a pregnancy test	23%	23%
% Young women who received a pregnancy test	71%	71%
% Young women who were pregnant	10%	10%
% pregnant Young women who requested ante-natal check-up	67%	67%
% pregnant Young women who received ante-natal check-up	100%	100%
% pregnant women who requested prevention of mother-to-child transmission (PMTCT)	67%	67%
% pregnant women who who requested PMTCT that received PMTCT	50%	50%
% Young women who requested post-natal care	16%	16%
% Young women who requested post natal care who received post-natal care	60%	60%
% Young women who requested help with breast feeding	29%	29%
% Young women who requested that received help with breast feeding	78%	78%
Menstrual health		
% Young women who requested pads	6%	6%
% of those who requested pads that received pads	0%	0%
HIV and AIDS and STI		
% Young men who requested male circumcision	76%	76%
% of those who requested male circimcision received an appointment	95%	95%
% youth who requested PREP	2%	2%
% youth who received PREP	100%	100%
% who requested post-exposure prophylaxis (PEP)	5%	5%
% of those who requested who received PEP	0%	0%
% who requested HIV test	67%	67%
% of those who requested who received HIV test	100%	100%
% who requested STI test	18%	18%
% who requested who received STI test	91%	91%
% who requested anti-retrovirals (ARVs)	2%	2%
% who requested who received ARVs	100%	100%
% who said Health worker asked about mental health	37%	37%