

TS'ANA TALANA RAPID ASSESSMENT OF ADOLESCENT SEXUAL AND REPRODUCTIVE HEALTH (ASRHR)

JANUARY 2022



FACT SHEET

This fact sheet is a summary of the findings of the ASRHR Rapid Assessment undertaken in Ts'ana Talana Council as part of an eight-country study¹ from November 2019 to December 2020. The research aims to strengthen youth-led and focused efforts to promote ASRHR through gender and youth responsive local governance. Gender Links Lesotho conducted the study in nine Centers of Excellence for Gender in Local Government.² In Ts'ana Talana, the study covered two clinics namely Samaria and Thaba Ts'oeu Health Centres with 65 respondents: 46% female and 54% male (see table overleaf). This fact sheet should be read together with the Lesotho and the Southern Africa ASRHR Rapid Assessment research pamphlets. Key findings include:

Accessibility

- Overall 86% of respondents confirmed both facilities are within 10kms.
- At least 100% of respondents for both facilities confirmed that facilities open after school hours and on weekends.
- About 81% of respondents from Thaba-Ts'oeu confirmed the waiting and consultation room is comfortable as compared to 73% at Samaria which is not so bad too.
- All the two facilities do not charge fares.

Quality of care

- Over 58% of respondents from Samaria said peer counsellors are available as compared to 53% at Thaba Ts'oeu.
- About 79% of young people at Samaria confirmed that young people are treated with respect comparatively to 72% at Thaba Ts'oeu.

- Only 3% of young people were treated with third party present while at 0% at Samaria.
- Eighty-five percent attested to privacy at Samaria as compared to 66% at Thaba-Tsoeu.
- At least 85% of respondents confirmed the confidentiality at Samaria as compared to 75% at Thaba-Tsoeu.
- Overall, 65% of respondents received appropriate information at both facilities, however only 17% overall mentioned that health workers did not spend sufficient time with them.

Sexual and reproductive health services

- At least 45% of respondents at Samaria requested contraceptives as compared to 34% at Thaba Tsoeu.
- Eighty-Seven percent of young women from Samaria received contraceptives as compared to the 45% requested; about 64% from Thaba Ts'oeu received as compared to 34% requested.
- Overall 23% of young women requested pregnancy tests and about 100% Thaba-Ts'oeu received while 27% from Samaria requested and 75% received.
- At least 7% of overall respondents tested positive on pregnancy.
- About 13% at Thaba Ts'oeu requested pads and none received.
- Eight-nine percent from Samaria young men requested circumcision as compared 82% at Thaba Ts'oeu and about 100% in both facilities received circumcision appointments.
- About 66% from Thaba Ts'oeu requested HIV test as compared to 64% at Samaria.
- At least 90% overall respondents received HIV tests and 100% from Samaria received ARVs.

¹ Botswana, Eswatini, Lesotho, Madagascar, Mauritius, South Africa, Zambia and Zimbabwe.

² Kanana, Lilala, Mafeteng Urban, Maman's'o, Mazenod, Qibing, Sephokong, Siloe and Ts'ana Talana.

FOR MORE INFORMATION go to:

<https://genderlinks.org.za/what-we-do/governance/local-action-for-voice-and-choice/>

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KEY DATA FROM THE RAPID ASSESSMENT OF ASRHR SERVICES IN TS'ANA TALANA LESOTHO

Indicator	Ts'ana Talana	Samaria Health Clinic	Thaba Ts'oeu Health Clinic
Total sample	65	33	32
% female	46%	45%	47%
% male	54%	55%	53%
Logistic information on health facilities			
Health facility within 10km from your home %	86%	88%	84%
The facility opens after school? %	100%	100%	100%
The facility opens on weekends? %	100%	100%	100%
The facility has a comfortable waiting and consultation area? %	77%	73%	81%
Does the facility charge a fee? %	100%	100%	100%
Average fee in USD	\$1	\$1	\$1
Quality of care			
Peer counsellors available %	55%	58%	53%
Young people treated with respect %	75%	79%	72%
Young people are treated without parent present %	2%	0%	3%
Young people have privacy %	75%	85%	66%
Young people have confidentiality %	80%	85%	75%
Health workers spend sufficient time with young people %	17%	18%	16%
Young people receive appropriate information %	65%	61%	69%
Sexual and reproductive health services (%)			
Maternal health			
% Young people who requested contraceptives	40%	45%	34%
% Young people who requested contraceptives that received contraceptives	77%	87%	64%
% Young women who requested a pregnancy test	23%	27%	20%
% Young women who received a pregnancy test	86%	75%	100%
% Young women who were pregnant	7%	7%	7%
% pregnant Young women who requested ante-natal check-up	100%	100%	100%
% pregnant Young women who received ante-natal check-up	100%	100%	100%
% pregnant women who requested prevention of mother-to-child transmission (PMTCT)	0%	0%	0%
% pregnant women who who requested PMTCT that received PMTCT			
% Young women who requested post-natal care	17%	13%	20%
% Young women who requested post natal care who received post-natal care	80%	100%	67%
% Young women who requested help with breast feeding	20%	13%	27%
% Young women who requested that received help with breast feeding	100%	100%	100%
Menstrual health			
% Young women who requested pads	7%	0%	13%
% of those who requested pads that received pads	0%		0%
HIV and AIDS and STI			
% Young men who requested male circumcision	86%	89%	82%
% of those who requested male circumcision received an appointment	100%	100%	100%
% youth who requested PREP	3%	0%	6%
% youth who received PREP	50%		50%
% who requested post-exposure prophylaxis (PEP)	5%	3%	6%
% of those who requested who received PEP	0%	0%	0%
% who requested HIV test	65%	64%	66%
% of those who requested who received HIV test	90%	90%	90%
% who requested STI test	12%	15%	9%
% who requested who received STI test	100%	100%	100%
% who requested anti-retrovirals (ARVs)	2%	3%	0%
% who requested who received ARVs	100%	100%	
% who said Health worker asked about mental health	43%	48%	38%