



QUATRE BORNES COUNCIL RAPID ASSESSMENT OF ADOLESCENT SEXUAL AND REPRODUCTIVE HEALTH (ASRHR)

JANUARY 2022



FACT SHEET

This fact sheet is a summary of the findings of the ASRHR Rapid Assessment undertaken in Quatre Bornes as part of an eight-country study¹ from November 2019 to December 2020. The research aims to strengthen youth-led and focused efforts to promote ASRHR through gender and youth responsive local governance. Gender Links Mauritius conducted the study in seven Centers of Excellence for Gender in Local Government.² In Quatre Bornes, the study covered 4 community health centres; 123 respondents: 50% young women, 5% gender non-conforming and 45% young men (see table overleaf). This fact sheet should be read together with the Mauritius and the Southern Africa ASRHR Rapid Assessment research pamphlets. Key findings include:

Accessibility

- The majority of respondents (90%) reported being within 10 km of a community health centre.
- Over two thirds (67%) of the respondents said that community health centres are open after school.
- Over two thirds (67%) of the respondents equally said that the community health centres are open during the weekends.
- Almost all respondents (95%) said that the Community Health Centre had a comfortable waiting area.
- None of the community health centres charged fees for their services.

Quality of care

- Eleven percent of respondents said that peer counsellors were available.
- The majority (86%) of the young people said that they were treated with respect and a majority of them (92%) said that their confidentiality and privacy were maintained.
- Overall, 34% of the youth were treated without a parent being present. The responses varied greatly from the lowest Ollier (7%) to the highest Beau Songes (91%).
- Eighty-six percent of respondents said that health workers spent sufficient time with them.
- Seventy-two percent of young people also affirmed receiving appropriate information when required.

Sexual and reproductive health services

- Only 3% of the respondents requested for contraceptives and none received any contraceptives upon request. This relatively low percentage of young people requesting and receiving contraceptives is worrying as access to contraceptives is key to ensuring that ASRH is prioritised.
- Overall, 1% of the young women surveyed requested a pregnancy test and none of those who requested a pregnancy test received it. Yet, 5% of young women were pregnant during that time.
- A fifth (20%) of pregnant women requested for prevention of mother-to-child transmission (PMTCT). All pregnant women who requested the PMTCT received it.
- Only 1% of young women requested for help with breastfeeding and none of the young women requested for help with breastfeeding received it.
- Only 1% of the young women requested sanitary pads yet none of those who requested pads received them. More efforts should be directed towards mitigating period shaming and poverty.
- Only 1% of young people requested post-exposure prophylaxis (PEP) and none of those who requested PEP received it.
- Overall demand for male circumcision which is shown to reduce the spread of HIV and AIDS, has been nil.
- Overall, 3% of the respondents requested an HIV test. 14% of those who requested an HIV test received it.
- Only 1% of the respondents requested an STI test and none of those who requested an STI test received it.
- None of the respondents requested anti-retroviral drugs for HIV and AIDS but all of those who requested for ARVs received them in Bassin community health centre.
- Twenty-one percent of the respondents said health workers asked about their mental health. This is an encouraging finding, as ASRHR and mental health are closely linked.
- Two fifths (40%) of the young people said that a follow-up appointment was set up while 47% said they were referred to a relevant facility.

¹ Botswana, Eswatini, Lesotho, Madagascar, Mauritius, South Africa, Zambia and Zimbabwe
² Beau Bassin-Rose Hill, Curepipe, Grand Port, Moka, Port Louis, Quatre Bornes and Savanne

FOR MORE INFORMATION go to:

<https://genderlinks.org.za/what-we-do/governance/local-action-for-voice-and-choice/>

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KEY DATA FROM THE RAPID ASSESSMENT OF ASRRH SERVICES IN QUATRE BORNES COUNCIL MAURITIUS

Indicator	Quatre Bornes	Bassin Community Health Centre	Beau Songes Community Health Centre	Ollier Community Health Centre	Palma Community Health Centre
Total sample	123	32	32	29	30
% female	50%	53%	50%	48%	50%
% gender non-conforming	5%	9%	3%	3%	3%
% male	45%	38%	47%	48%	47%
Logistic information on health facilities					
Health facility within 10km from your home %	90%	94%	91%	100%	100%
The facility opens after school? %	67%	100%	97%	100%	100%
The facility opens on weekends? %	67%	100%	100%	100%	100%
The facility has a comfortable waiting and consultation area? %	95%	100%	100%	100%	100%
Does the facility charge a fee? %	0%	0%	0%	0%	0%
Average fee in USD	None	None	None	None	None
Quality of care					
Peer counsellors available %	11%	44%	22%	0%	0%
Young people treated with respect %	86%	69%	81%	100%	100%
Young people are treated without parent present %	34%	81%	91%	7%	13%
Young people have privacy %	92%	91%	100%	100%	100%
Young people have confidentiality %	92%	94%	100%	100%	100%
Health workers spend sufficient time with young people %	86%	97%	97%	97%	93%
Young people receive appropriate information %	72%	97%	88%	59%	97%
Sexual and reproductive health services (%)					
Maternal health					
% Young people who requested contraceptives	3%	6%	9%	0%	3%
% Young people who requested contraceptives that received contraceptives	0%	0%	0%		0%
% Young women who requested a pregnancy test	1%	0%	6%	0%	0%
% Young women who received a pregnancy test	0%		0%		
% Young women who were pregnant	5%	5%	12%	7%	6%
% pregnant women who requested prevention of mother-to-child transmission (PMTCT)	20%	0%	0%	100%	0%
% pregnant women who who requested PMTCT that received PMTCT	100%			100%	
% Young women who requested help with breast feeding	1%	0%	6%	0%	0%
% Young women who requested that received help with breast feeding	0%		0%		
Menstrual health					
% Young women who requested pads	1%	0%	6%	0%	0%
% of those who requested pads that received pads	0%		0%		
HIV and AIDS and STI					
% who requested post-exposure prophylaxis (PEP)	1%	0%	6%	0%	0%
% of those who requested who received PEP	0%		0%		
% who requested HIV test	3%	6%	9%	0%	0%
% of those who requested who received HIV test	14%	0%	0%		
% who requested STI test	1%	0%	0%	0%	0%
% who requested who received STI test					
% who requested anti-retrovirals (ARVs)	0%	3%	0%	0%	0%
% who requested who received ARVs	100%	100%			
% who said Health worker asked about mental health	21%	38%	16%	0%	0%
Follow up and referral					
% who said the HW set up a follow up appointment	40%	50%	28%	17%	67%
% referred to a relevant facility	47%	41%	47%	34%	27%