



LEPELLE NKUMPI COUNCIL RAPID ASSESSMENT OF ADOLESCENT SEXUAL AND REPRODUCTIVE HEALTH (ASRHR)

JANUARY 2022



FACT SHEET

This fact sheet is a summary of the findings of the ASRHR Rapid Assessment undertaken in Lepelle Nkumpi Council as part of an eight-country study¹ from November 2019 to December 2020. The research aims to strengthen youth-led and focused efforts to promote ASRHR through gender and youth-responsive local governance. Gender Links South Africa conducted the study in 29 Centers of Excellence for Gender in Local Government.¹ In Lepelle Nkumpi, the study covered 3 clinics; 132 respondents: 74% young women and 24% young men (see table overleaf). This fact sheet should be read together with the South Africa and the Southern Africa ASRHR Rapid Assessment research pamphlets. Key findings include:

Accessibility

- Three-quarters (75%) of respondents reported being within 10 km of a clinic.
- Responses to whether the clinics open after school were high at 98%.
- Ninety-eight percent of respondents, said that clinics open during weekends.
- The majority (99%) of respondents said that the clinics had a comfortable waiting area.
- None of the respondents said that the clinics charged fees for their services.

Quality of care

- The majority (99%) of respondents said they were treated with respect.
- Ninety-nine percent of young people indicated that there was privacy at the clinics.
- Almost all (99%) respondents said they were treated with confidentiality.
- Only 36% of respondents said that clinics did not require their parents to be present. The

responses varied from 31% at Moletlane Clinic to 43% at Slypsteen Clinic

- Ninety-two percent of young people indicated that health workers spent sufficient time with them.
- Ninety-nine percent of young people said they received appropriate information. Availability of information is a key component of ASRHR that gives young people a #VoiceandChoice.

Sexual and reproductive health services

- Eighty percent of young people requested contraceptives. The majority (88%) of those who requested contraceptives received them. This high percentage of young people requesting and receiving contraceptives is encouraging as access to contraceptives is key to ensure that ASRH is prioritised.
- Seventy-eight percent of young women requested a pregnancy test and 91% of them received it. Fifty-one percent of young women were pregnant at that time.
- At 97%, the overall demand for male circumcision, which has been shown to reduce the spread of HIV and AIDS, is very high. It is encouraging that 88% of those who requested male circumcision received an appointment.
- Sixty-three percent of youth requested PREP while 63% requested post-exposure prophylaxis (PEP).
- The majority 87% of respondents requested an HIV test. A significant proportion (77%) of those who asked for this test received it.
- A high percentage of respondents (70% overall) said health workers asked about their mental health. This is encouraging, as ASRHR and mental health are closely linked.
- Ninety-two percent of young people said that a follow-up appointment was set up whilst 97% of young people were referred to a relevant facility.

¹ Botswana, Eswatini, Lesotho, Madagascar, Mauritius, South Africa, Zambia and Zimbabwe.

² Blouberg, Brandwag, D'Almeida, Dana Bay, Emfuleni, Friemersheim, Great Brak, Hartenbos, Herbertsdale, Joburg City-Orange Farm-Region G, Joburg City-Soweto-Region D, Joe Slovo, Kwanonqaba, Lepelle Nkumpi, Midvaal, Mogale City, Molemole, Mossel Bay, Polokwane, Sonskyn Valley, eThekweni Ward 101, eThekweni Ward 11, eThekweni Ward 26, eThekweni Ward 31, eThekweni Ward 34, eThekweni Ward 68, eThekweni Ward 98 (Umkomaas), eThekweni Ward 98 (Umnini).

FOR MORE INFORMATION go to:

<https://genderlinks.org.za/what-we-do/governance/local-action-for-voice-and-choice/>

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KEY DATA FROM THE RAPID ASSESSMENT OF ASRHR SERVICES IN LEPELLE NKUMPI COUNCIL SOUTH AFRICA

Indicator	Lepelle Nkumpi	Moletlane Clinic	Mehlangeng Clinic	Slypsteen Clinic
Total sample	132	45	37	49
% female	74%	53%	89%	84%
% gender non-conforming	0%	0%	0%	0%
% male	26%	47%	11%	16%
Logistic information on health facilities				
Health facility within 10km from your home %	75%	60%	89%	78%
The facility opens after school? %	98%	98%	100%	98%
The facility opens on weekends? %	98%	100%	100%	96%
The facility has a comfortable waiting and consultation area? %	99%	100%	100%	98%
Does the facility charge a fee? %	0%	0%	0%	0%
Average fee in USD	None	None	None	None
Quality of care				
Peer counsellors available %	83%	96%	68%	84%
Young people treated with respect %	99%	98%	100%	100%
Young people are treated without parent present %	36%	31%	32%	43%
Young people have privacy %	99%	100%	97%	100%
Young people have confidentiality %	99%	98%	100%	100%
Health workers spend sufficient time with young people %	92%	91%	92%	92%
Young people receive appropriate information %	99%	100%	100%	98%
Sexual and reproductive health services (%)				
Maternal health				
% Young people who requested contraceptives	80%	80%	70%	88%
% Young people who requested contraceptives that received contraceptives	88%	78%	92%	93%
% Young women who requested a pregnancy test	78%	50%	79%	93%
% Young women who received a pregnancy test	91%	67%	96%	95%
% Young women who were pregnant	51%	0%	79%	59%
% pregnant young women who requested ante-natal check-up	94%		88%	100%
% pregnant young women who received ante-natal check-up	98%		100%	96%
% pregnant women who requested prevention of mother-to-child transmission (PMTCT)	92%		85%	100%
% pregnant women who requested PMTCT that received PMTCT	89%		91%	88%
% Young women who requested post-natal care	59%	25%	76%	66%
% Young women who requested post natal care who received post-natal care	98%	100%	96%	100%
% Young women who requested help with breast feeding	67%	25%	85%	78%
% Young women who requested that received help with breast feeding	98%	100%	100%	97%
Menstrual health				
% Young women who requested pads	76%	63%	67%	90%
% of those who requested pads that received pads	92%	87%	100%	89%
HIV and AIDS and STI				
% Young men who requested male circumcision	97%	100%	100%	86%
% of those who requested male circumcision received an appointment	88%	90%	100%	67%
% youth who requested PREP	63%	36%	70%	85%
% youth who received PREP	99%	100%	100%	98%
% who requested post-exposure prophylaxis (PEP)	63%	36%	73%	83%
% of those who requested who received PEP	100%	100%	100%	100%
% who requested HIV test	87%	76%	89%	96%
% of those who requested who received HIV test	77%	59%	94%	77%
% who requested STI test	82%	71%	81%	94%
% who requested who received STI test	69%	44%	93%	70%
% who requested anti-retrovirals (ARVs)	67%	69%	73%	61%
% who requested who received ARVs	64%	45%	85%	63%
% who said Health worker asked about mental health	70%	53%	92%	67%