



# SONSKYN VALLEY COUNCIL RAPID ASSESSMENT OF ADOLESCENT SEXUAL AND REPRODUCTIVE HEALTH (ASRHR)

JANUARY 2022



## FACT SHEET

This fact sheet is a summary of the findings of the ASRHR Rapid Assessment undertaken in Sonskyn Valley Council as part of an eight-country study<sup>1</sup> from November 2019 to December 2020. The research aims to strengthen youth-led and focused efforts to promote ASRHR through gender and youth-responsive local governance. Gender Links South Africa conducted the study in 29 Centers of Excellence for Gender in Local Government.<sup>2</sup> In Sonskyn Valley, the study covered 1 clinic; 39 respondents: 49% young women and 51% young men (see table overleaf). This fact sheet should be read together with the South Africa and the Southern Africa ASRHR Rapid Assessment research pamphlets. Key findings include:

### Accessibility

- Eighty-seven percent of respondents reported being within 10 km of a clinic.
- Responses to whether the clinic opens after school were low at 46%.
- None of the respondents, said that the clinic opens during weekends.
- The majority (97%) of respondents said that the clinic had a comfortable waiting area.
- The clinic does not charge fees for its services.

### Quality of care

- All of the respondents said they were treated with respect.
- All the young people indicated that there was privacy at the clinic.
- All of the respondents said they were treated with confidentiality.

- Eighty-five percent of respondents said that the clinic did not require their parents to be present.
- All of the young people indicated that health workers spent sufficient time with them.
- All of the young people interviewed said they received appropriate information. Availability of information is a key component of ASRHR that gives young people a #VoiceandChoice.

### Sexual and reproductive health services

- Forty-five percent of young people requested contraceptives. The majority (94%) of those who requested contraceptives received them. Access to contraceptives is key to ensure that ASRH is prioritised.
- At 16%, the overall demand for male circumcision, which has been shown to reduce the spread of HIV and AIDS, is relatively low. It is encouraging that all of those who requested male circumcision received an appointment.
- None of the youth requested PREP nor requested post-exposure prophylaxis (PEP).
- Seventy-four percent of respondents requested an HIV test. All of those who asked for this test received it.
- A high percentage of respondents (74% overall) said health workers asked about their mental health. This is encouraging, as ASRHR and mental health are closely linked.
- Seventy-four percent of young people said that a follow-up appointment was set up whilst over two-thirds (64%) of young people were referred to a relevant facility.

<sup>1</sup> Botswana, Eswatini, Lesotho, Madagascar, Mauritius, South Africa, Zambia and Zimbabwe.

<sup>2</sup> Blouberg, Brandwag, D'Almeida, Dana Bay, Emfuleni, Friemersheim, Great Brak, Hartenbos, Herbertsdale, Joburg City-Orange Farm-Region G, Joburg City-Soweto-Region D, Joe Slovo, Kwanonqaba, Lepelle Nkumpi, Midvaal, Mogale City, Molemole, Mossel Bay, Polokwane, Sonskyn Valley, eThekweni Ward 101, eThekweni Ward 11, eThekweni Ward 26, eThekweni Ward 31, eThekweni Ward 34, eThekweni Ward 68, eThekweni Ward 98 (Umkomaas), eThekweni Ward 98 (Umnini).

FOR MORE INFORMATION go to:

<https://genderlinks.org.za/what-we-do/governance/local-action-for-voice-and-choice/>

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KEY DATA FROM THE RAPID ASSESSMENT OF ASRHR SERVICES IN SONSKYN VALLEY COUNCIL SOUTH AFRICA

Indicator	Sonskyn Valley	Sonskyn Valley Satellite Clinic
Total sample	39	39
% female	49%	49%
% gender non-conforming	0%	0%
% male	51%	51%
<b>Logistic information on health facilities</b>		
Health facility within 10km from your home %	87%	87%
The facility opens after school? %	46%	46%
The facility opens on weekends? %	0%	0%
The facility has a comfortable waiting and consultation area? %	97%	97%
Does the facility charge a fee? %	0%	0%
Average fee in USD		
<b>Quality of care</b>		
Peer counsellors available %	100%	100%
Young people treated with respect %	100%	100%
Young people are treated without parent present %	85%	85%
Young people have privacy %	100%	100%
Young people have confidentiality %	100%	100%
Health workers spend sufficient time with young people %	100%	100%
Young people receive appropriate information %	100%	100%
<b>Sexual and reproductive health services (%)</b>		
<b>Maternal health</b>		
% Young people who requested contraceptives	45%	45%
% Young people who requested contraceptives that received contraceptives	94%	94%
% Young women who requested a pregnancy test	0%	0%
% Young women who received a pregnancy test		
% Young women who were pregnant	0%	0%
% pregnant young women who requested ante-natal check-up		
% pregnant young women who received ante-natal check-up		
% pregnant women who requested prevention of mother-to-child transmission (PMTCT)		
% pregnant women who requested PMTCT that received PMTCT		
% Young women who requested post-natal care	0%	0%
% Young women who requested post natal care who received post-natal care		
% Young women who requested help with breast feeding	0%	0%
% Young women who requested that received help with breast feeding		
<b>Menstrual health</b>		
% Young women who requested pads	40%	40%
% of those who requested pads that received pads	100%	100%
<b>HIV and AIDS and STI</b>		
% Young men who requested male circumcision	16%	16%
% of those who requested male circumcision received an appointment	100%	100%
% youth who requested PREP	0%	0%
% youth who received PREP		
% who requested post-exposure prophylaxis (PEP)	0%	0%
% of those who requested who received PEP		
% who requested HIV test	74%	74%
% of those who requested who received HIV test	100%	100%
% who requested STI test	44%	44%
% who requested who received STI test	100%	100%
% who requested anti-retrovirals (ARVs)	0%	0%
% who requested who received ARVs		
% who said Health worker asked about mental health	87%	87%