

PUSO YA DIKGAOLO MO BOTSWANA BUKANA YA LENANELO LA BONG





Gender links (GL) is a Southern African NGO that is committed to a region in which women and men are able to realise their full potential and participate equally in all aspects of public and private life.

PUSO YA DIKGAOLO MO BOTSWANA
BUKANA YA LENANELO LA BONG
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ya Ditiro tsa Namola Leuba/Ipelegeng mo Kgatleng'
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AIDS	Acquired Immune Deficiency Syndrome	HSRC	Human Science Resource Council
ARV	Anti-retroviral	IDP	Integrated Development Plan
Azapo	Azanian People's Organisation	KPI	Key Performance Indicators
CBD	Central Business District	LED	Local Economic Development
CBO	Community Based Organisation	MMC	Member of Mayoral Committee
CGE	Commission on Gender Equity	NGO	Non Governmental Organisation
DANIDA	Danish International Development Agency	OSW	Office on the Status of Women
DPLG	Department of Local Government	PEP	Post Exposure Prophylaxis
DTI	Department of Trade and Industry	PR	Proportional Representation
EE	Employment Equity	SADC	Southern African Development Community
EPZ	Export Processing Zone	SALGA	South African Local Government Association
Exco	Executive Committee	SANCO	South African National Civic Organisation
FFTP	First-Past-The-Post	SAPS	South African Police Services
GL	Gender Links	SPO	Special Program Officers
GAD	Gender And Development	SPU	Special Program Unit
GAP	Gender Advocacy Project	ToT	Training of Trainers
GBV	Gender Based Violence	UNDP	United Nations Development Programme
GFP	Gender Focal Points	VCT	Voluntary Counselling and Testing
GMS	Gender Management System	WAD	Women And Development
GU	Gender Unit	WDS	Women's Development Strategy
HR	Human Resource	WID	Women In Development

DITEBOGO

Bukana ya tsamaiso ya Bong ya Puso ya Dikgaolo ke maduo a Thutuntso ya Barutuntshi e e neng ya tshwarelwa kwa Aforika borwa (Johannesburg) ka kgwedi ya Tlhakole ka 2009. Thuto e e ne e kopantse baemedi ba makgotla a bong le maphata a dipuso tsa dikgaolo, baokamedi ba dipuso tsa dikgaolo, makgotla a dipuso tsa dikgaolo le makgotla a setšhaba go tswa mo mafatsheng a mararo a ditshekatsheko (Botswana, Swaziland le Zambia) a e leng a tshekatsheko ya Tomaganyo ya Bong: *Kwa Coalface, Gender and Local Government*.

Bukana-tsamaiso ya Botswana e kwadilwe e le tlaleletso mo go ya Ditogamaano tsa Bong mo Pusong ya Dikgaolo e e kwadilweng ka Tlhakole 2009 mme e fa ditsompelo tsa go tlhaloganya gore kakaretso ya bong ke eng; ke ka goreng e le botlhokwa le gore go ka dirwa jang lenaneo la tsamaiso ya bong.

Batho ba ba latelang ba nnile le seabe mo go kwaleng buka e:-

Malebogo Barbara Kruger – Seatla sa ga Ratoropo, wa ya Lobatse, Douglas Director Tlharese – Modulasetilo, Khansele ya Gantsi, Aidoo K Leshope – Modulasetilo, Khansele ya Kgalagadi . Same Bathobakae – Modulasetilo, Khansele ya Borwa Botlhaba, Florah Bogadi Mpetsane – Seatla sa Modulasetilo, Khansele ya Bokone Botlhaba, Ludo Matshameko – Mookamela Ditiro Lekgotla la Botswana la Dipuso tsa Dikgaolo (BALA), Segametse Gladys Modisaotsile – Emang Basadi, Anna Sebopelo – American African Business Women Association (AABWA), Botswana Council of NGOs (BOCONGO), GAD Sector and Pamela Mhlanga, Botswana office and Alliance Manager, Gender Links.

Bukana e e bona tlhotlheletso mo metsweding e mentsi, e akaretsa Lekgotla la Mafatshe a Borwa jwa Aforika (SADC) *Toolkit for Decision Makers*; Bukana ya Thutuntsho mo go tsa Bong ya Oxfam le ditiro tekeletso mo go akaretseng bong mo pusong ya dikgaolo e e neng e tsamaisiwa ke GL le ditoropokgolo tsa Aforika borwa, eThekwini le Msunduzi mo nakong e e akaretsang 2004 – 2007 ka thotloetso ya *Mott Foundation*. Ditshwantsho dingwe dine tsa tsewa mo bukeng ya Thutuntsho ya Bong le Kaedi e e kwadilweng ke ba Lephata la Tekatekanyo ya Bong le Botsogo jwa Bana.

Mookamedi wa GL Gender and Governance Susan Tolmay le Mookamedi mogolo Coleen Lowe Morna ba rulagantse Buka ya bofelo.

Gender Links e tlisa malebo a magolo go ba Danish International Development Agency (DANIDA) Le ba Department for International Development go bo a thusitse tiro e ka madi.



Baemedi ba Botswana kwa dithutopuisanong tse tsa Thutuntsh ya Barutuntshi ba ipaakanyetsa motshameko.

Setshwantsho: Susan Tolmay

MATSENO

Botlhokwa jwa buka e

Buka e e kwadilwe go itebaganya le ntlha e e botlhokwa e e senogileng mo tshekatshekong ya kwa Coalface: Gender and Local Government in Southern Africa ya gore e re le fa go buiwa ka molomo ka tsa bong le puso go dikgaolo, ga go na dikgato dipe tse di tsepameng tse di tserweng go akaretsa dikgang tsa bong mo lekaleng le la puso kgotsa go aga bokgoni jwa makhanselara le badiredi go etelela tsamaiso e pele.

Maikaelelolomagolo a buka e ke:

- Go aga bokgoni jwa makhanselara le badiredi go sekaseka dikgang tsa bong, go balelwa tsa bong le go busa; togamaano ya dikgang tsa bong le melawana ya tsamaiso.
- Go thusa dikhansele mo go tlameng *Mananeo a Tsamaiso ya Dikgang tsa Bong tsa Puso ya Dikgaolo*

Buka e e kwaletswe bomang?

Buka e e kwaletswe makhanselara a dipuso tsa magae le badiredi mo dikgaolong le mo magaeng. E tshotse dithuto tse di lekaneng go dirisiwa mo dithutopuisanong tsa malatsi a le mane tse di tlaa felelang ka ditogamaano tsa go tsamaisa dikgang tsa bong gore di akarediwe mo dithulaganyong le ditekanyetso madi tsa dikhansele go balelwa le mananeo le go fedisa tirisidikgoka e e ikaegileng ka bong. Maikaelelo ke go tshwara dithutopuisano pele mo dikgaolong mme e re morago dib o di anamisediwa kwa dipusong tsa selegae.

Bukana e e nnile teng Jang?

E rile ka ngwaga wa 2003 Genderlinks (GL) ya dira tshekatsheko e e tseneletseng ya seabe sa bomme mo dipolotiking mo Borwa jwa Aforika. Sengwe se se botlhokwa se se lemogilweng ke ba *“Ringing up the Changes, Gender in Politics in Southern Africa”* e ne ya lemoga gore puso ya dikgaolo ka maswabi ke kgaolo e e tlhokomologilweng thata fa go tla go tsenwa mo go tsa bong Tshekatsheko e e lemogile gore e re le fa go buiwa ka molomo gore ditiro di rolelwe dikgaolo, le gore se se tlaa raa eng mo go nonotsheng bomme, go na le letlhoko le legolo la dikitsiso le gore karolo e ya tseo ditshwetso e tlhokometswe go le kae. Ka ngwaga wa 2005, Baeteledipele ba mafatshe a Borwa jwa Aforika (SADC) bane ba oketsa dipalo tsa bomme mo maemong a tseo ditshwetso go tswa mo go 30% go ya kwa go 50%. Kemedi ya bomme mo dipusong tsa dikgaolo mo SADC e simolola kwa tlase ga 5% mo mafatsheng mangwe go ya go 58% kwa Lesotho, lefatshe le e leng gore ke lone le nang le palo e e kwa godimo ya kemedi ya bomme.

E rile ka ngwaga wa 2006 Gender Links (GL) ya dira dipatlisiso ka Puso ya Dikgaolo mo mafatsheng a le mane a Borwa jwa Aforika (Lesotho, Mauritius, Namibia le Aforika Borwa) e le bontlha nngwe jwa karolo ya ntlha ya tiro ya bone ya bong le puso ya dikgaolo. Se segolo se se lemogilweng ke dipatlisiso tseo, se se rotsweng ka Mopitlo 2007, ke gore mo mafatsheng otlhe a a nang le kemedi ya bomme e e kwa godimo le e e kwa tlase mo dipusong tsa dikgaolo, ga go a ka ga tlhokomelwa thata gore ditsamaiso le matshego a a tshwanetseng go nna teng a a teng go tlhomamisa gore go akarediwa ga bong mo dipusong tsa dikgaolo. Go tshwanetse ga nna le maiteko a a tsepameng a go akaretsa bong mo dipusong tsa dikgaolo, go patilwe ke boitseanape le maitlamo.

Kgato ya bobedi ya tiro e ne ya dirwa mo mo mafatsheng a mararo Botswana Swaziland le Zambia a e leng gore otlhe a na le dipalo tse di kwa tlase tsa tsenyoletsogo ya bomme mo ditirong tse go tsewang ditshwetso mo go tsone 19.4%, 24.1% le 6.6% ka go latelana. Maduo a tshekatsheko a ne a rolwa mo Botswana ka Tlhakole 2009 go tshwaraganwe le Lekgotla la Botswana la Dipuso tsa Dikgaolo (BALA).

Se tshekatsheko e se senotseng

Botswana o tlhoka go menaganya maiteko a gagwe go oketsa kemedi le tsenyo letsogo ya bomme mo dipusong tsa dikgaolo mo ditlhophong tsa 2009. Se ke sone konokono ya se se lemogilweng ke pego e tlhogo ya yone e reng "At the Coalface: Gender and Local Government in Botswana" e e rotsweng mo Gaborone ke ba Gender Links, Women in Law Southern Africa (WLSA) ban a le Lekgotla la Botswana la Dipuso tsa Selegae (BALA) ka Tlhakole.

Maduo magolo le dithotloetso tsa pego

- **Bomme gaba a emelwa ka botlalo mo dipusong tsa dikgaolo:** Mo kemeding ya 19%. Botswana ke ya botlhano mo dipalong tse di kwa tlase tsa kemedi mo dipusong tsa dokgaolo mo kgaolong ya SADC.
- **Go na le dipharologano go ya ka dikhansela:** Kemedi ya bomme e farologana go twa mo go 7.7% kwa khanseleng ya Kgalagadi go ya kwa go 42.9% kwa khanseleng ya Toropo ya Sowa.
- **Mme ga go na bomme mo maemong a boeteledipele:** E re le fa paloyotlhe ya kemedi ya bomme mo dipusong tsa dikgaolo e oketsegile ka 4.4% mo ditlhophong tsa 2004, palo ya bomme mo maemomng a mmatoropo le bodulasetilo jwa khansela bo ole go tswa kwa go 10% go ya kwa go lefela.
- **Le gompiano Botswana ga a ise a saene Maitlamo a SADC a tsa Bong le Ditlhabololo:** Botswana ke lengwe la mafatshe a mararo a le jaana a iseng a saene Maitlamo a SADC a Bong le Ditlhabololo. A mangwe a mabedi, Malawi le Maurius, a solofetswe go saena mo bogautshwaneng.
- **Tsamaiso ya ditlhopho e na le ditlamorago tse di sa siamang mo go bomme:** Botswana o dirisa tsamaiso ya ditlhopho ya dikgaolo tsa botlhophi kgotsa mo go tweng yo a boneng dipalo tse dintsi ke ene a tlhophilweng, e mo lefatsheng ka bophara e lemogilweng e sa eme bomme sentle ka gore batlhophi kwa dikgaolong ba tlhopho moemedi gona le phathi, selo se se orisang bomme ka fa mosing mo setšhabeng se se sa ntseng se tseela kwa godimo maitsholo a borre mo go bomme. Diphetogo tse di dirilweng mo melaong ya ditlhopho ga e a itebaganya le tlhokego ya go tlhabolola molao go o dira gore go kgonagale go oketsa kemedi ya bomme.
- **Diphathi tsa sepolotiki ga di dire go lekane:** E le tsone batlhokomela dikgoro tse bomme ba tsenang ka tsone mo dipolotiking, diphathit sa sepolotiki din ale bokgoni jwa go bulela bomme dikgoro mme dinako tse dintsi gab a eme bomme nokeng kgotsa ba tswela mo pontsheng ba ema kgalathanong kgato e e batlang go baakanya seemo. Diphathi di se kae fela di a le maikaelelo a go baakanya dilo mo melaometheong kgotsa maitlamo a tsone, mme e bile di se kae di tsere dikgato tse di tsepameng go dira gore maitlamo a tsone a go fetola dilo a fetoge sediriswa se di se dirisang go godisa kemedi go nna le seabe ga bomme. Makgotla a bomme a sa ntse a tlhoka go tsaya dikgato tsa bobelokgale go fetola seemo se, mme mo mabakeng a le mantsi ga a na mašetla a go rotloetsa diphetogo, bogolo jang kwa godimo.
- **Go baya palo go ka thusa:** Botswana ga a na palo e e beilweng semolao. Patlhisiso e fitlhetse gore bontsi jwa makhanselare, borre le bomme, ba dumela gore dipalo di ka thusa go oketsa kemedi ya bomme mo dipusong tsa dikgaolo, fa megopolo ya bontsi jwa batho e e phuthilweng ka dipuisano le makgotlana a dipuisano e le gore go elwe tlhoko thata gore go oketsa kemedi mo e se ka ya bo e le go ikgolola fela, le kgaisano e e sokametseng ntlheng e le nngwefela.
- **Tlhaelo ya madi le go sa baakanyetsa bong:** Dikhansela di ikaegile thata ka goromente o motona go bona madi, mo e leng gore le tiriso ya madi a a dirilweng ke dikgaolo e tshwanetse ya rebolwa ke puso e tona.

Selo se se ama thata bokgoni jwa dipuso tsa dikgaolo jwa go ntsha ditirelo. Se se gakadiwa gape k e go tlhoka go rulaganyetsa bong mo pusong e tona gammogo le dipuso tsa dikgaolo; ditlhoko le tse di tlang pele tsa setšhaba go tsewa fela gore di atshwana. "Ditiro tsa bomme" tse di faphegileng ga din a bokgoni bope jwa go nonotsha bomme ka botlalo go fetola matshelo a bone le go ba dira gore ba ikemele ka nosi.

- **Go tlhoka ditsompelo:** Makhanselara a bomme le batho kwa dikgaolong tsa botlhophi ba supile fa letlhoko la ditsompelo e le lone sekgoreletsi se segolo mo go fitlheleleng puso ya dikgaolo le go dira ka maatlametlo ka go nne ditsompelo tsa go rotloetsa mananeo a batlhophi a mannye, a a tlhabela, go ne go na le dipolelo tsa gore makhanselara a dirisa dithoto tsa bona go thusa batho ba ba ba emetseng, ba ntsha se ba se ipoloketseng le go dirisa dikoloi tsa bone go thusa mo ditirong tsa batho ba bone.

- **Go tshela mmogo, ngwao le ketelelopele ya borre:** Tshekatsheko e supa ketelelopele ya borre le nonofo e kgolo e e betlang ngwao le ditsamaiso go balelwa le maitsholo a a e leng one sekgoreletsi se segolo se se itsang bomme go tsenya letsogo ka botlalo mo dipusong tsa dikgaolo. Maitsholo a segologolo a ngwao a sa ntse a itsetsepetse mo setšhabeng le mo malwapeng a gore bomme ba se ka ba inaakanya le dipolotiki le gore gab a a nonofela go dira jalo.

- **Bomme gaba thusiwe ka botlalo:** Go le mo dikhanseleng kgotsa mo malwapeng, makhanselara a bomme ba bolela fa bas a emiwe nokeng ka botlalo. Se se golaganngwa le ditumelo tsa segologolo tsa ngwao le tsamaiso ya ditumelo tsa setho tse di kgaphelang bomme kwa thoko. Thotloetso e e fiwang bomme ba makhanselara e nnye kgotsa ga e yo.

- **Bomme ba ka dira mme e bile ba dira pharologano:** Go na le bosupi mo tshekatshekong le dipatlisiso tse dingwe jwa gore bomme ba emela dikgatlhego le matshwenyego a a farologaneng go gaisa borre. Patlisiso e supa dikai tse dintsi tse di manontlhotlho tsa tiro e e dirwang ke bomme ba e dirang gantsi mo mabakeng a a thata le tlhalelo ya ditsompelo. Dipatlisiso gape di lemogile gore bontsi jwa bomme ba ikutlwa e le maikarabelo a bone go emela dikgang tsa bomme.

- **Mme kana dipalo ke tsone konokono:** Moono o o nnang o ipoeletsa mo dipotsolotsong ke gore e re le fa bomme ba tlisa pharologano ga ba a lekana, ga ba bantsi.

- **Borre ba ka tseelediwa:** Ga go na ope wa makhanselara a borre a a botsoloditsweng yo o neng a gana a papametse go tsenya seatla ga bomme mo ditirong tsa dikhansela. Ka tshoboko borre botlhe ba ba botsoloditsweng ba ne ba lebeba ba dumela tse gore bomme ba tsenye letsogo mo ditirong tsa dipuso tsa dikgaolo. Se se botlhokwa ke go ba tseeletsa l e gore ba gatele pele, go tswa mo go rotloetseng bomme fela go ya mo go ya mo dikgatong tse di tsepameng tsa go ema bomme nokeng.

- **Go itebagantswe le ditlhokego mo seemong se se kgonegang ka botlalo:** Bogolo jwa se dirwang kwa dipusong tsa magae ke go itebaganya le ditlhok o tsa bomme kwa go kgonegang teng. E re le fa se se le botlhokwa ka ntata ya dikgang tsa go batla se se ka jewang tse go itebagantsweng le stone, tsela e e rulagantsweng sentle e ka tlisetsa bomme mo nakong e telele.

Diketleetsa tse di botlhokwa tse di tswang mo tshekatshekong di akaretsa:

- **Go ithuta mo SADC:** Botswana e na le sebaka sa go ithuta mo mafathsheng a mangwe a SADC a a kgonneng go fitlhelela 30% le go feta ya bomme mo dipusong tsa dikgaolo, mme thatathata Lesotho e e kgonneng go bona 58% mo maemong a a go tsewang ditshwetso mo go one, e na le tsamaiso ya dikgaolo tsa botlhophi le palo e e tlhomilweng ke molaomotho

• **Go amogela le go anamisa Maitlamo a SADC a Bong:** Ntlha ya botlhokwa e Botswana a tshwanetseng go simolola ka gone ke go saena le go anamisa Maitlamo a SADC mo go tsa Bong le Ditlhabololo jaaka bontsi jwa mafatshe mo kgaolong a dira.

• **Go tlhama le go diragatsa mananeo a bong a puso ya dikgaolo le tsamaiso ya bong mo dikhanseleng:** Go na le motheo o o utlwalang mo Tsamaisong ya merero ya Bomme le mo Thulaganyong ya Setšhaba ya go tlhama lenaneo la tsamaiso ya bong mo pusong ya dikgaolo, e e ka tlhamiwang ya bo ya fetisediwa mo ditsamaisong mo dikhanseleng.

Go tswa mo dipatlisisong go ya mo ditogamaanong:

E ipapanne ka dipatlisiso tse, e bile e na le thotloetso ya Danida le DFID, GL e ne ya tswela ka go rola le go dirisana le BALA le puso ya dikgaolo le makhanselara mo go tlhabololeng mananeo a setšhaba a go akaretsa bong mo pusong ya dikgaolo e e leng gore e mo tseleng ya go amogelwa.

E rile ka kgwedi ya Tlhakole 2009, GL ya tshwara thutopuisano ya barutuntshi ba barutuntshi e tshwaragane le UNHABITAR, go kwala buka ya go anamisa mananeo a bong kwa dikgaolong mo Botswana. Thutopuisano e e ne e kopantse batsaakarolo ba le masome a mararo le bobedi (32) go tswa mo dikhanseleng, BALA le makgotla a setšhaba go tla go rutuntshiwa le go kwala buka e maikaelelo a yone e leng go tlhama lenaneo la bong mo dikhanseleng.

Ba dirisa dikitso le maitemogelo a bone ba a kopantse, batsaakarolo ba ne ba tlhabolola buka e e ne e sa felela e e ne e kwadilwe ke ba Gender Links ba lebaganya le tse di tlhokwang ke lefatshe la bone. Ban e gape ba amogana megoplo go tswa ma mafatshe a a farologaneng. Maduo a se e ne ya nna dibuka tse tharo, buka e le nngwe go tswa mo go lengwe le lengwe la mafatshe a mararo, di lebagantswe sentle le ditlhokego le mabaka a mafatshe ao, mme go na le metswako ya megopolo go tswa dintlheng tse dingwe tsa melerwane e e fang dibuka tse motswako o o nonneng o o tswang mo go abalaneng maitemogele a kgaolo ka bophara.

Se lo tlaa se fitlhelang mo mothameng mongwe le mongwe

Mothama mongwe le mongwe o tshotse ditsompelo le letlotlo tse di tlaa go thusang go dirisa maitemogelo a gago le go ithuta ka go dira. Tseo ke:



Motshameko – O tlaa go dira gore o diragatsa dikarolo go supa go tlhaloganya gag ago ga dikgang le mabaka a.



Dithutuntsho – Di dira gore o dire dilo ka bowena le o le mo ditlhopheng.



Ditlhotlhomiso – Ke dikai tse di tswang mo go tse di lemogilweng le maitemogelo tse di tlaa go thusang go ithutela kwa pele.



Dipampri kitsiso – Di go neela kitso di b o di tlaletsa se o se ithutileng.



Ditlhaloso – Ditlhalosa tsa mafoko a maša a o tlaa a ithutang fa o tswetse o dirisa buka e. Go na gape le ditlhaloso tse dingwe tsa mafoko kwa bokhutlong jwa buka.

Se buka e e nang le sone

Buka e e kgaogantswe ka methama e le mene. Methama eo ke:

- Dikgang tsa bong tse di botlhokwa.
- Bong le go busa.
- Ditsompelo tse di botlhokwa tsa ditogamaano tsa bong
- Mokwalo wa ntlha wa lenaneo la tsamaiso ya bong

Ditsompelo tlaletso tse dingwe tse di lebaneng di tsentswe mo CD ROM. Di filwe palo *File 1 (F1)* go fitlha kwa go *File 9 (F9)*.

Methama e e diretswe go lekana thutopuisano ya malatsi a le mararo. Letsatsi la ntlha le sephatlo ke la go ithuta dintlha tsa tshimologo tse di botlhokwa go gogela kwa go logeng maano le go dira ka ditlhopha. Mo letsatsing la boraro go na le kopano ya motia e e buisanang ka seabe sa dikhansele mo go fediseng tiriso dikgoka e e tsalwang ke bong, go fiwa ditsompelo le dikitso tse di tswang mo maitemogelong tse di tlaa dirisiwang go lwantsha tiriso dikgoka e e tsalwang ke bong. Lenaneo la tsamaiso ya tsa bong le sekasekwa le bo le amogelwa mo kopanong ya botlhe mo letsatsing la bone. Mokwalo wa thulaganyo eo o fitlhelwa mo **F 1**.

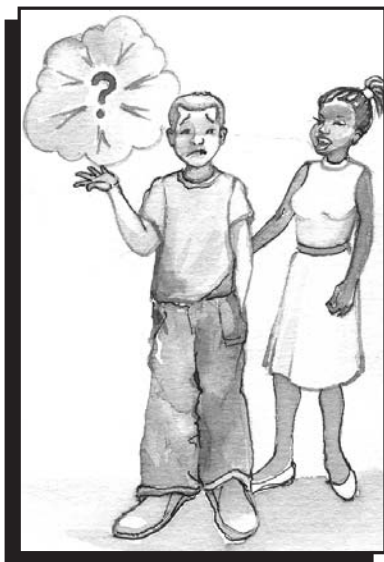
Kwa bokhutlong jwa mothama mongwe le mongwe o tlaa fitlhela dintlha kgotsa mokwalo wa batsamaisi ba dithuto. Tse di kwaletswa go gakolola ba tsamaisi ba dithutopuisano. Mongwe le mongwe yo o nnang le seabe mo thutong o tshwanetse go nna motsamaisa dithuto kwa kgaolong ya gagwe. Jalo he, kwa bofelong dintlha tseo di foo go go thusa le wena!

Tiriso ya buka e

Tsweetswe o se ka wa simolola ka go bala dintlha tse di kaelang batsamaisa dithuto, gonne seo se ka tla sa go tseela maitemogelo a go ithuta ka go dira (bona fa tlase). Fa o bala dintlha o sena go dira diikatiso, o tlaa utlwa di utlwala sentle, di dira tlhaloganyo, dib o di go dira gore o se ka wa nna moithuti fela mme o nne motsamaisa dithuto.

Go ithuta ka go dira

Buka e ke ka ga go ithuta ka go dira. Tsela e e bobebe ya go ithuta ke gi ikina mo go tse di dirwang, o tsenya letbogo mo metshamekong; o nne le seabe mo go arabeng dipotso tse di mo ditlhotlhomisong; thusa mo go akanyeng le go loga maano a tiro khansele ya gago ka fa mhameng wa tsa bong. Godimo go tsotlhe, ikakole! Tekatekano ya bong motlhala o o nang le maduo mo go rona rotlhe!



"Ke a utlwa, ke a lebala"



"Ke a bona, ke a gakologelwa"



"Ke a dira, ke ithuta"

DINTLHA TSA BATSAMAISA DITHUTO

Dintlha tse tsa tsa matseno di diretswe go thusa batsamaisa dithuto mo go supetseng batsena dithuto mo methameng e e latelang. Di supa metho ya botsamaisa dithuto jo bo siameng di bo di thusa batsamaisa dithuto go akanya ka botlalo gore ba ka tlhomamisa jang kitso e batsena dithuto ba setseng ba na nayo e le motheo o go agelwang kitso e ntšha le boitseanape mo go yone.

Go ithuta ga bagolo

Go rutuntsa bagolo go farologane le go ruta bana gone bagolo ba na le maitemogelo a mantsi a ba ikaegileng ka one. Bontsi jwa dikarabo bo mo go bone. Tiro ya motsamaisa dithuto ke go 'epolola' dikarabo tseo.

Thutuntsho e simolola mo go tlhologanyeng gore batsena dithuto ba na le maitemogelo a a botlhokwa le seabe se ba nang naso. Re le bagolo, bontsi jwa se re se ithutang re se tsaya mongwe mo go yo mongwe kgotsa mo balekaneng ba rona. Tiro ya batsamaisa dithuto ke go rurifatsa maitemogelo a le go oketsa ka kitso e ntšha mo kitsong e e tswang mo maitemogelong.

Akanya ka sengwe se o se ithutileng o le mogolo, sekai, go ithuta go kgweetsa, kgotsa go dira sengwe sa itloso bodutu, kgotsa go tsenelela motshameko o sena go tlogela, kgotsa sengwe se se amanang le tiro. A o ne wa itumelela go ithuta moo? Ke eng o ne wa itumela / osa itumela? A go ithuta go ne go le manontlhotlho? Kwa ntle ga go kgaupetsa karabo ya gago, maitemogelo a gago a tshwanetse a bo a ne a amana le go ithuta o dira.

Bagolo ba fitlhela e le gore go ithuta go manontlhotlho e bile go jesa monate fa e le gore ke sengwe se ba batlang go se dira fa ba inakantse le se se dirwang e bile ba tsewa jaaka bagodi ba ba leng bone, e seng jaaka bana ba sekolo. Bagodi ba itumelela go ithuta fa ba bona sentle mosola wa gone mo matshelong a bone kgotsa maikaelelo a gone. Fa ba sa bone mosola wa gone le gone ga ba itshwenye. Bagolo ga ba "eta megopolo" fa ba patelediwa go ithuta, kgotsa fa ba se na bosupi jwa gore maikaelelo a gone ke eng. Re itse sentle gore batho ga ba ithute sentle fa ba tlogelwa ka kwa ntle, ba sa dire sepe, kgotsa fa ba kgokgontshiwa, ba tlobelelwa, ba tselwa kwa tlase, ba sotlwa kgotsa ba sa tsewe ka maitseo. Ba llatlhegelwa ke kgatlhego ka bonako fa ba sa tsenngwe mo go se se dirwang, fa maitemogelo a bone a sa tsewe tsia, kgotsa tsamaiso e ntse jaaka e kete ba "boela mo sekolong".

Bagolo ba bifela thuto e e lebegang e se na mosola mo matshelong a bone, mathata le maikaelelo. Gape re itse gore baithuti botlhe ba anya ba bo ba gakologelwa kitso ka botswerere fa e le gore ba nna le sebaka sa go ikakanyetsa ka tsela nngwe, go na le go reetsa fela kgotsa ba tsaya dintlha. Re itse gore go bolelela batho fela gore ba dire eng, kgotsa gore ba dire jang gantsinsi ga go na maduo. Re itse gore go reetsa ka tsenelelo ga motho – go sa kgathalesege gore o botlhale go le kae (kgotsa jang fela!) go baakantswe go le gonnye ke thotloetsego – le gore dithuto tse di tsayang nako e telele gangwe le gape batho ba di tlogela mo tseleng.

Seabe sa motsamaisa dithuto

Fa baithuti ba bagodi ba eletsa go nna le seabe, batsamaisa dithuto ba tshwanetse go lebelela basupatsela ba ba farologaneng le barutabana ba bogologolo. Ke sone se re dirisang lefoko "motsamaisa dithuto" go tlhalosa se barutuntshi ba tshwanetseng go se dira. Go tsamaisa dithuto go raya go tlhoma seemo se thuto e ka diragalang mo go sone. Ga go ree go nna motswedi wa kitso yotlhe fela. Motsamaisa dithuto o ka nna mmotlana mme e bile ga go tlhokege gore a bo a na le thuto e e kwa godimo. Batsamaisa dithuto ba tlhoka fela gore ba bo ba ka ipaa mo seemong sa baithuti, ba tlhophe tsela e e bobebe e e isang kwa go tlhologanyeng thuto kgotsa kgang mme a dire leeto le le yang koo gore le nne monate.

Se se raya gore dikgang tse di tshwanang le botsala le batsena dithuto, tekanyetso ya nako ya tse di dirwang, go rulaganya sentle fa go ithutelwang teng, go balega ga mokwalo, go nna teng ga phefo e e phepa le metsi a a nowang le gore a batsena dithuto ba tla ba lapile ka ntlha ya ditiro tsa bone ke dilo tse di botlhokwa fela jaaka – gongwe go feta – go itse dikarabo.

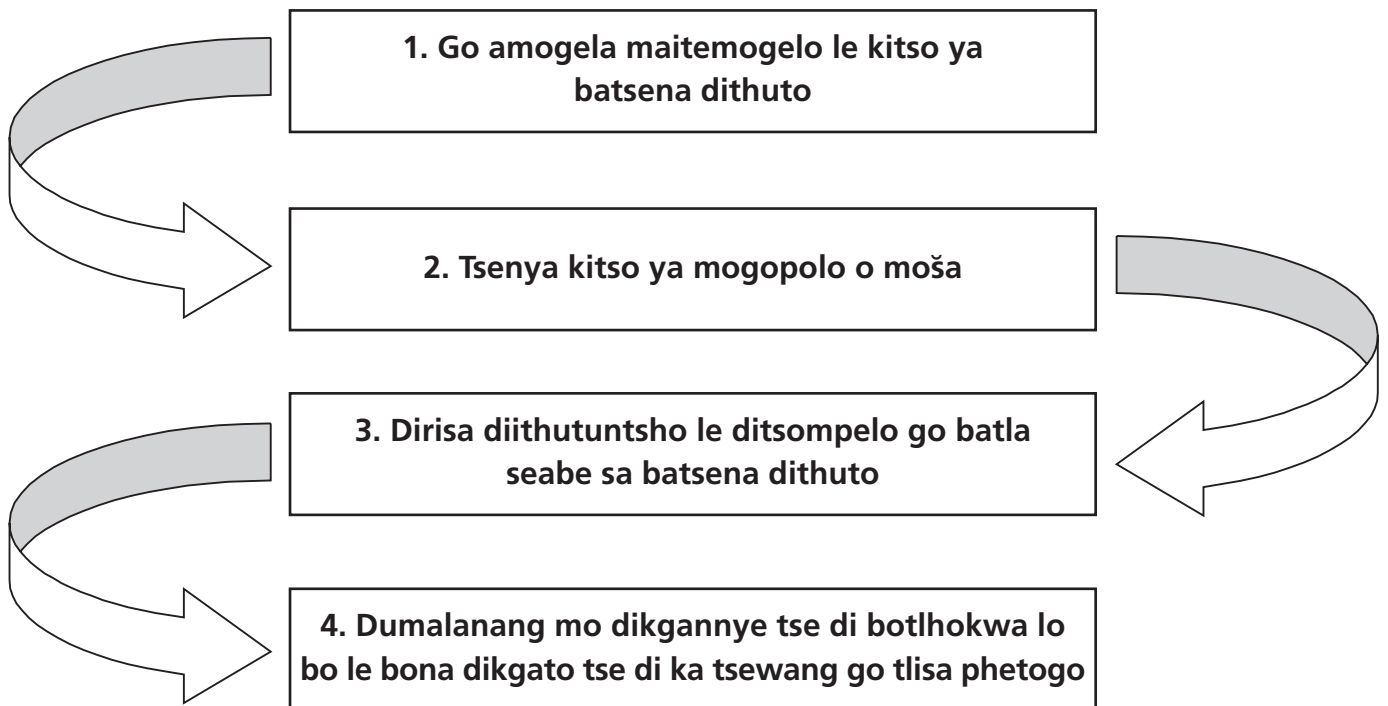
Go raya gape gore tsela e o dirisanang le batsena phuthego – lentswe la gago, maitseo le go dira dikai ka dikarolo dingwe tsa mmele – di na le seabe se segolo mo goreng thuto e tlaa tsamaya jang.

Malomatsebe go batsamaisa dithuto

Dira tse	O se ka wa dira tse
✓ lpaakanye	x Se kgaupetse
✓ Nna podimatseba – tlhomamisa gore mongwe le mongwe o nna le seabe, bula matlho o akaretse le ba ba didimetseng.	x Se nne wena o bonalang o le nosi; se tlogele ba ba ditlhong kwa ntle
✓ Itse gore go na le ba ba nang le mathata a puo	
✓ Tlhalosa ka botlalo moko wa kgang	
✓ Bala, itse thuto e o e rutang, o nne le kitso	
✓ Tlhokomela tiro ta dithopha	
✓ Kanoka tse di kwadilweng, tlhomamisa gore ga go na se se seong	
✓ Tsepama mo mogopolong	x Se letlelele gore dipuisano di tswa mo tseleng.
✓ Laola/supa tsela	x Se letlelele gore batho botlhe ba bue ka nako e le nngwefela.
✓ Kwa bokhutlong soboka ka bokhutshwane	x Se letlelele gore mongwe le mongwe a bue se a se batlang.
✓ Tlhokomela nako. Fokotsa palo ya dithopha Fokotsa nako ya dipego. Rulaganyetsa dithuto ka botlalo. Karolo nngwe lenngwe e lekanyediwa nako.	x Se nne montsi wena.
✓ Obega, letlelela megopolo e mengwe.	x Se nne maitsegotlhe wa se se dirwang.
✓ Fedisa dikgogakgogano, simola dilo, o dirise tlhaloganyo	
✓ Dirisa dikarata tsa VIPP – thuto ya ba baša mo ditseleng tsa go nna le seabe.	

Fa o etse tlhoko ditsamaiso tse, motsamaisa dithuto o tlhoka go dira seemo se se ikaegileng mo maitemogelong a mabedi: a gagwe le a batsena dithuto: seemo se mo go sone o agang maitemogelo mmogo, le mo e leng gore go ithuta go akaretse go tsenya letsogo ga mongwe le mongwe ka matlhagatlhaga a a kwa godimo. Sekai se se fa tlase se supa go dira tiro ka botswere mo go rutuntsheng go tswa mo go tlhomamiseng maitemogelo a botshelo a batsena dithuto; go oketsa kitso ka kitso e ntšha; go tla ka maano a go dira dilo ka phekelo e sele.

DIKGATO TSA BOTLHOKWA TSA KATISO



Go itse batsena dithuto ba gago

Gore o tle o lomagane sentle le batsena dithuto, dipotso tse di latelang ke dingwe tse o tshwanetseng wa di araba pele ga dithutopuisano di simologa

- Ke bomang? Ba itse eng, ba dira ditiro dife?
- Ba bogolo bo kae?
- Ba goletse kae? Ba nna kae gompieno?
- Ba bua puo efe ka botswerere? Ba kgona go bala efe? Ba kgona go e bala?
- Ba siame go le kae mo puong e go kwadilweng dithuto ka yonr?
- Ba fitlhetse seemo se se kae sa thuto?
- Ba berekile go le kae, jang?
- Fa ba se mo tirong ba kgatlhegela eng?
- Ke ka goreng ba na tseneletse dithuto tse?
- Maikaelelo a bone ke go fitlhelela eng?
- Maikaelelo a bone ke go fitlhelela eng kwa tirong?
- Ba setse ba itse go le kae ka thuto e?
- Ba bone kitso e jang?
- Ba tlhoka go ise go le kae go feta moo?
- Maitsholo a bone a ntse jang mabapi le thutuntsho e?
- O ka nna wa kopana le kganetsano ya mofuta ofe, bogolo jang mo thutong ya tea katekano ya bong?
- O tlaa kokobetsa kganetsano o bo tlhomamisa gore o amogela megopolo e meša?

Mmele, mowa le tlhaloganyo

Magerika ba bogologolo ba ne ba dumela gore go ithuta go tshwanetse ga akaretsa mmele, tlhaloganyo le mow a kgotsa go baya kang ka mafoko a mangwe, go ithuta go tshwanetse ga dirwa ka mmele, mowa le tlhaloganyo. Se se tlaa tlhomamisa gore ithutuntsho e jesa monate, e gogela kwa go ithuteng se seša, ditsala tse dintšha le go lomagana mme se se botlhokwa le go feta, tsela e ntšha ya go dira dilo.

Didiriswa

Go na le didirisiwa tse di farologaneng tsa go buisana tse di dirisiwang kgotsa tsa nna mo bukeng e. Gantsi didirisiwa tsa puisano di dirisiwa mmogo: sekai, sediriswa se se kwadilweng jaaka go kwala dintlha mo pampiring ya bokwalelo e ka dirisiwa mo kokoanong ya ngangisano kgotsa dipuisano tsa makgotla. Gape di ka dirisiwa go tliša motswako le go thusa go tshegetsa kgalhego: sekai: go dira ka ditlhopha, dikopano tsa maloko otlhe, dingangisano, dikomiti jalo jalo di ka dirisiwa mo dinakong tse di farologaneng gore go nne tisanommogo, mme di dirisiwa ka mokgwa o o farologaneng mo nakong ya dithutopuisano yotlhe. Tse di latelang ke dikai tsa didirisiwa tse di ka dirisiwang:

Go kwala le didirisiwa tse di kwadilweng

- Dikarata di ka nparisiwa mo loboteng (Ela tlhoko: Go botlhokwa go nna le melawana kwa tshimologong: mogopolo o le mongwe mo karateng, mokwalo o o bonalang; gore batho ba ka ikgobokanya jang).
- Go neela batho ba ba farologaneng mekwalo e e farologaneng; o ba kopa go tliša go bega ka se ba se badileng ka tsela e e tlhofofaditsweng mo ditlhopheng tsa bone. Se ke go tlhomamisa gore go a balwa mme e seng ka tsela e e mokgweleo.
- Dirisa seoketsa mokwalo.
- Ditshoboko kwa bokhutlong jwa phuthego nngwe le nngwe.
- Mtshameko e go tshwantshanngwang mafo mo go yone.

Didirisiwa tse di bonwang ka matho

- Sekai ke gore botaki bo kopa batsena phuthego go tshwantsha dinako tse mo go tsone ba neng ba ikutlwa ba se na le fa e le nonofo le tse mo go tsone ba neng ba ikutlwa ba nonofile, go na le gore ba di bue ka molomo. Tiro e gantsi e bolaisa ditshego. Kwa tlase kwa bathong batho ba ka dira ditshwantsho mo motlhabeng.

Sekai, ditshwantsho, kopa batsena phuthego go ranola/tlhalosa ditshwantsho: tse di tswang mo dipampiring, makgotla a ngwao a a tumileng jalo jalo. Se se na le mosola o mogolo mo e leng gore thuto ya batho e kwa tlase.

Didirisiwa tsa go utlwa le go bona

- Ditshwantsho tsa motshikinyego.
- Motshameko
- Metshameko ya mo mebileng.

Didirisiwa tsa go dira mmogo

- Go pataganya batsena dithuto.
- Go dira ka ditlhopha – go rulaganya ka fa batho ba nnang ka teng ka tsela e e rotloetsang go dira ka ditlhopha.
- Go tsamaisa tiro ya ditlhopha.
- Makgotlana.
- Dipotso le dikarabo tse dikhutshwane.
- Batsamaisa dithuto ba letlelela batsena dithuto go di tsamaisa .
- Diphuthego tsa maloko.
- Go bolela dipolelo.
- Go dira metshameko
- Go fa bosupi – Maitemogelo a botshelo.
- Ngangisano (tse di ka dira gore batho ba amogane mabaka ka go tswa ka kang e e opisang ditlhogo go bo go twe ba tsee letlhakore, mmo go twe mongwe le mongwe a ntshe mabaka a gore ke eng a buelelela letlhakore la gagwe).
- Metshameko ka mafoko ba bua mafoko, ba botsa gore ba bangwe ba a manya le eng).
- Ditlhotlhomiso/go dirisa maboko.
- Dipina.
- Go akantshana ka se se ka dirwang.

Thulaganyo ya manno

Go rotloediwa gore mo ntlwaneng ya borutelo go nne le ditafole tse di kgolokwe, nngwe le nngwe ya tsone e na le batho ba le batlhano kgotsa ba le barataro, mme ba ka se fete masome a mabedi le botlhano (25) ka palogotlhe. Se dira gore go nne motlhofo go ba kgaoganya ka ditlhopho go buisana le go boa ba kopana gape go abalana megopolo ya ditlhopho. Mokgwa o tlaa dirisiwa mo methameng e yotlhe. Thulaganyo e gape e letlelela gore go nne le dira mmogo mo go oketsegileng le go "atamalana". Ke tsela e e bonalang e bile e kgonega ya go dira gore go ithuta go tswa mo maitemogelong go ya mo ithuteng dilo ka bophara. Badira ditshwetso ba tlaa dirisa megopolo e mo ditirong tsa bone tsa letsatsi le letsatsi.

Tse di dirwang

Go na le dilo tse di dirwang go ithutuntsha di le dintsi thata tse di thusang go tsenya batho mo moweng wa go dira; rotloetsa batho go tsenya letsogo le go epolola kitso e e mo teng ga mongwe le mongwe wa bone. Dingwe tsa tsone ke tse.

Go akantshana: Setlhopho sotlhe, se neele pampiri e tona e e sa kwalelang sepe, go kata molelo le go kwala megopolo yotlhe e e ntshitsweng. Go akantshana e ka nna sediriswa se se botlhokwa thata mo go lekeletseng dintlha tsotlhe ka nako ya go rulaganyediwa dipolelo, kgotsa go loga maano a go lemoga le go fedisa mathata mo dikarolong tsa seranyane.

Ditlhotshwana tsa dikakantshano: Se ke setlhotshwana sa dikakantshano se mo go sone go dirisiwang potso e e itebagantseng le se se dirwang, go dirisiwa setlhopho se sennyane. Megopolo e e tswang mo setlhotshwaneng se e kwalwa ke mongwe wa maloko e bo e amoganwa kwa bokopanong le setlhopho sotlhe. E siametse go kwala thulaganyo ya dikgoreletsi (sekai: Dikhansela di dira eng go lwantsha dipalo tse di kwa godimo tsa kgokgontsho ya bong? Dikhansela di ka dira eng go fedisa kgokgontsho ya bong, jalo jalo). Ditlhotshwana tse di bopilwe jaaka kgolokwe ya kapoko – tse mo go tsone tse pedi di kopanyang megopolo ya tsone di e dira mene, boferabobedi mme kwa bofelong e bo e nna setlhopho sotlhe. Fela jaaka kgwethenyana e nnye ya kapoko e ka nna kgolo mo e ka thubang ntlo jaaka e kgokologela kwa tlase ga thaba e tla e oketsega, jalo o ka supa jaaaka megopolo e e kopantweng e nonofile go feta lentse le lengwefela.

Dipuisano: Ntlha e e bophara mme setlhopho se le sebotlana (batho ba le 3 – 5) e letlelela mongwe le mongwe go ntsha mogopolo wa gagwe mo kganyane e e mašetla (sekai: "Ke eng go na le ditraglo tse dintsi jaana tsa kgokgontsho e e tsalwang ke bong?") Dipuisano tsa batho ba babedi le tsone di letlelela batho go itebaganya le boitseanape jwa go buisana le go itsane botoka.

Go dirisa kakanyetso (go lebelala pele, go tlhama ditso kana maitsholo): E ke tiro e kgolo ya ipaakanyeto potsotso ya mmatota kgotsa e e seng ya mmatota, kgotsa go sekaseka go ka nna teng ga dipolelo tsa tatediso. Botsa ditlhotshwana kgotsa setlhopho sotlhe gore "Seemo se ka ne se tlhagogile jang?" "Ke eng se se ka nnang sa diragala marago ga mo?" "Ke motho wa mofuta ofe yo o ka dirang selo se?"

Ditshkatsheko: Ditshkatsheko di ikaegile ka tiragalo ya nnete mme e bile di batla thata gore batsena dithuto ba akanye ka dilo tsa boammaaruri; se ba se re bolelelang, gore ba ne ba ka reng fa ba ne ba lebagane le seemo sa go nna jalo.

Motshameko: Se ke go etsa seemo sa nnete sa botshelo se se ka tsenyang matswakabele a se kae go tlhalosa ntlha nngwe, mme se se kgakala le seemo sa nnete. Motshameko e mekhutshwane ke mofuta mongwe wa go tlosa budutu. E a ruta e bo e tlosa bodutu ka nako e le nngwe. Ke tsela e e tumileng e bile e le bobebe ya go rutuntsha. Nako e telele morago ga thutopuisano, batsena dipuisano ba ba ka nna ba gakologelwa motshameko o o ba thusitseng go tlhaloganya thuto!

Metshameko: Metshameko ga se dilo tsa bana; o se ka wa ipona phoso go di tsenya mo thutong. Dipolokelo le marutelo a bosole a dirisa metshameko go rutuntsha badirdi go dira ditshwetso; e siametse bagolo fela fa e le gore e na le mosola mme e bile e tlisitswe ke morutuntshi ka tsela e e siameng.

Go ruta mo go botlana: Metsotso e e lesome go ya go lesome le botlhano, e le karolo ya go tswakanya tse di ka dirwang, mme NAKO LE NAKO di salwa morago ke dipusano tsa gore batsena dithuto ba lemogileng, se ba sa dumalanang le sone, se ba neng ba se na bosupi mo go sone, jalo jalo. Dithuto di na le mosola thata gone di fa kitso e e tlhaloseng le go soboka pele ga go tswela pele. Go botlhokwa gape go kopa batsena dithuto go dira tshoboko go bona gore a ba tlhalogantse se ba neng ba se ithuta.

Go dira ga nnete: Ikatiso ga e na le mosola fa e le gore se se diragalang mo dithutong ga se ka ke sa fetisediwa mo matshelong a batsena dithuto a kwa tirong. Fa e le gore maitemogelo a go dira dilo a ka akarediwa mo dithutong go ka nna molemo thata. Dingwe tsa dilo tse di ka dirwang go bopa tomagano e ke tse:

- Kopa batsena dithuto go tisa tswetsetso ya tiro mo dithutong.
- Dira le lekgotla go tlhama tiro kgotsa ditiro mo dithutong tse maduo a tsone a ka dirisiwang kwa ditirong tsa batsena dithuto, sekai, Go tlhama mananeo a ditsamaiso tsa bong mo dikhanseleng
- Lomaganya thutuntsho le itemogelo ya batsena dithuto gore kwa ditirong tsa bone gore go tle go nne le tomagano.

Go ba tsenya mo dithutong

Fa batsena dithuto ba kopana la ntlha ba ka nna ba nna ditlhong. Motsamaisa dithuto o tshwanetse go dira gore mongwe le mongwe wa bone a ikutlwe a gololesegile fa a na le ba bangwe. Tsela nngwe ya go dira se ke go dira gore dikarata tse di kwadilweng maina a bone di tsenngwe mo kgetsanyaneng le go di ntsha ka go ntsha nngwe le nngwe fela o sa leba gore efe. Batsena dithuto ba bo ba itshenka ba bo ba ipolelela ba bangwe. E nngwe e bo e kopa batsena dithuto go itlhomaganya ka go latelana ga ditlhaka tse di simololang maina a bone, go tswa mo go A go ya go Z ba dirisa maina a bone , e seng difane. Fa ba senka fa ba tsenang teng, ba tlaa tshwanelwa ke go buisana le go itsane.

Fa ba sena go tsena mo lesakeng le ba le dirileng, batsena dithuto ba tlaa tshwanelwa ke go ipolelela ba dirisa maina a bone ba bo ba dirisa lefoko le le lengwefela go itlhalosa, lefoko leo le simololwa ka tlhaka e leina la gagwer le simololang ka yone, sekai, “Dumela rra/mma, ke Anna yo o gakgamatsang”. O ka kopa lesaka leo go ithulaganya gape ba dirisa dingwaga tsa bone (go simolola ka yo mmotlana go felela ka yo motona); kwa ba tswang teng (gaufi go ya kgakala, palo ya bana, (go simolola ka yo o se nang ngwana go felela ka yo o nang le ba bantsi) jalo jalo. E ke tsela e e manontlhotlho ya gore batho ba itsane. Gakologelwa gore go nna dinyao ke tsela e bobebe ya go tsenya batho matlhagatlhaga le gore batho ba itsane botoka. Fa re kgona go itsegisa le go tsegisana, re tlaa kgona go dira botoka le go itebaganya le dipharologano tse dikgolo tse re ka iphitlhelang re na le tsone fa re ntse re tswetsetse.

Ditsenya matlhagatlhaga

Le fa dithuto di ka tlabola jang le tse di dirwang di tswakantswe jang, matlhagatlhaga a wela tlase fa go ntse go tswetsetse. Ditsenya matlhagatlhaga di dikhutshwane (gantsi go tshikinngwa mebele), maikaelelo e le gore batho ba dirise mebele ya bone le megopolo go koba letsapa le go latlhegelwa ke kgatlhego fa dithuto di ntse di tswetsetse.

Sekai sa ditsenya matlhagatlhaga ke go kopa gore mongwe le mongwe mo ntlwaneng ya borutelo a lebagane le yo mongwe. Mongwe le mongwe wa bobedi jo o na le sebaka sa go dira sengwe fela se a batlang go se dira mo nakong ya motsotso o le mongwefela, yo mongwe ene a bo a mo etsa. Jaanong ba bo ba fapaana. Bontsi jwa metshameko le go thubega ka ditshego go tlaa nna teng go bo go tsenya mongwe le mongwe mafolofolo go ipaakanyetsa konokono ya tiro e e yang go dirwa. Gakologelwa gore go na le ngwana ka fa teng ga mongwe le mongwe wa rona!

Batsamaisa dithuto gape ba rotloediwa go dirisa moopelo e le tsela nngwe ya go tsenya ditlhopho matlhagatlhaga. Se se lebege se se na boganetso! Le fa go ntse jalo, e re le fa moopelo o le bothokwa mo go rotloetseng le go supa motsamao wa ikgaratlhelo ya batho, gantsi re lebala go o dirisa e le motswedi wa nonofo le go aga boeteledipele.

Se o tlhokang go se dira ke:

- ✓ Kopa batsena dithuto ka dinako tse di farologaneng go etelela pina pele e e nang le mafoko a a motlhofo go tihaloganngwa ke mongwe le mongwe.
- ✓ Kgothatsa batsena dithuto botlhe go opela.

Go tihaloganya gore mefuta e e fareloganeng ya ditiro e dira eng

Fa o sena go dira sengwe ga ntsinyana, o nna lesedi la gore se na le tlhotlheletso e e ntseng jang mo setlhopheng. Bontsi jwa ditiro bo wela mo mefuteng e e latelang:

- Go tsosolosa mewa
- Go tsenya matlhagatlhaga
- Go nonotsha puisano
- Go aga ditlhopho
- Go nonotsha kgaisano
- Go lebogela motswako
- Go sekaseka

Nna kelotlhoko fa o dira ditiro tse di tsenyang matlhagatlhaga, tse di nonotshang kgaisano kgotsa di gatelela tswakanyo fa go na le mowa wa ntwaga kgotsa go botologana mo gogolo mo setlhopheng go tsalwa ke tsa ngwao. Di ka senya diilo. Di dirise fela fa o itse setlhopho ka botlalo; di dire dikhutshwane, di le motlhofo o bo o di tsamaisa o gagamaditse lotsogo.

Matlho le ditsebe

Tsela nngwe ya go tlhomamisa gore mongwe le mongwe o nna le seabe mo go se se dirwang le gore o kgone go lemoga dikai go sale gale tsa letsapa mo setlhopheng, tse wena o ne o ka se di lemoge ke gore wena o le motsamaisa dithuto e re mo tshimologong ya letsatsi lengwe le lengwe o tlhophe motho a le m mongwe go nna 'matlho' le yo mongwe go nna 'ditsebe' tsa dithutopuisano mme ba fe pego kwa bokhutlong jwa letsatsi kgotsa mo tshimologong ya le latelang.

'Matlho' le 'ditsebe' di kgona go soboka thuto fa dithutopuisano di tswelletse di bo di kgona go senola go botologana gore go lwantshiwe ke batho botlhe. Go bothokwa thata go dira seemo se se bulegileng, se se bofitlha go tswa fela kwa tshimologong se mo go sone mongwe le mongwe a ikutlwang a gololesegile go ntsha mogopolo wa gagwe, le fa e ka ne e le ka matshwenyegonyana fela a e seng a sepe.

Go rulaganyetsa dithuto tsa gago

E re le fa go tlhokega gore go nne le kgololesego mo dithutong (sekai, gore go tliwise leng se se ka tsenyang matlhagatlhaga) go bothokwa thata go simolola ka go thala tsela. Fa o ka dira gore dithulaganyo tsa dithuto di dirwe ke botlhe, le dithuto ka botsone, go ka nna molemo thata. Sekai, o ka bopa setlhophanyana se sebotlana go loga maano a dithuto, e bopilwe ka bagolwane ba dipolotiki le bodiredi mo Khanseleng.

Tlhomamisa gore ba nna le mowa wa gore dithuto ke tsa bone, le gore ba a bonala mo lenaneong la dithuto, sekai, go bula le go tswala bokopano jwa ditlhopho, go nna badulasetile fa ditlhopho di e fa dipego jajo jalo. Moalo o o nang le one fa wa lenaneo la dithutopuisano tsa dikgaolo le dikhansele le tsentswe gape mo CD ROM (F1) gore o kgone go ka oketsa, wa tsenya dipaakanyo go ya ka fa o tlaa bong o bona go go siametse ka teng. Kgwetlho e kgolo ya gago e ka nna ya go tsamaisa nako ya gago o gagamaditse letsogo, mme o sa kgaupetse dipuisano le dikakgelo tsa batsena dithuto! Go tlhoma melawana ya tsamaiso dithuto fela kwa tshimologong go ka go thusa go kgona se.

